December 8, 2019

Fitbit w. HR monitor (my phone already has a pedometer)
Petty Knife (~6inches / 120-180mm; slightly larger than a pairing knife and smaller than a chef's knife)
"Fancy" bottled beers (eg. Collective Arts Porter, Flying Monkey Chocolate Stout, Nickelbrook Glory & Gold)
Gym bag
Hoodie (kind of like the one from last year)
Book by Michael Parenti (Profit Pathology)
Ringing with Babish cookbook (https://www.amazon.ca/Ringing-Rabish-Recipes-Recreated-Favorite/dn/1328589897)