

# Packing List for a Minimalist Business Trip

When you make a conscious effort to pack minimally, you experience so much freedom on your business trip because you're not pulling around a huge suitcase.

Worry about your work, not what you packed! Here's what absolute essentials to include on your minimalist business trip packing list. [Hot tip: Copy/save this list and customize by adding new items and replacing others!]



## Toiletries

- Essentials: Shampoo + conditioner (unless hotel has good stuff), face wash, face lotion, comb, floss, toothpaste, toothbrush, deodorant, q-tips, razor, nail kit, spare contacts + contact solution, kleenex, menstrual cup
- Minimalist makeup kit - <https://herpackinglist.com/the-low-key-travelers-beauty-kit/>
- Medical kit - Band aids, aspirin, Imodium, etc.

## Electronics

- Laptop
- Phone
- Chargers
- Book, Nook, or Kindle

## Clothing

- 1 Suit skirt and jacket
- 1 Pair jeans
- 1 Cardigan
- 1 Workout outfit

- Scarf
- 1 Sleep outfit
- 1 Pair of tennis shoes
- 1 Pair of flats <https://herpackinglist.com/tieks-ballet-flats/>
- 1, 2, or 3 Dress shirts
- 1 Pair underwear for each night

## Miscellaneous

- Packing cubes <https://herpackinglist.com/how-to-use-packing-cubes/>
- Water bottle <https://herpackinglist.com/traveling-reusable-water-bottles/>
- Jewelry - To dress basic outfits up.
- Travel coffee mug
- Notebook + pens