# Packing List for a Minimalist Business Trip

When you make a conscious effort to pack minimally, you experience so much freedom on your business trip because you're not pulling around a huge suitcase. Worry about your work, not what you packed! Here's what absolute essentials to include on your minimalist business trip packing list. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}

## Toiletries

- [ ] Essentials: Shampoo + conditioner (unless hotel has good stuff), face wash, face lotion, comb, floss, toothpaste, toothbrush, deodorant, q-tips, razor, nail kit, spare contacts + contact solution, kleenex, menstrual cup
- [ ] Minimalist makeup kit - https://herpackinglist.com/the-low-key-travelers-beauty-kit/
- [ ] Medical kit - Band aids, aspirin, Imodium, etc.

## Electronics

- [ ] Laptop
- [ ] Phone
- [ ] Chargers
- [ ] Book, Nook, or Kindle

## Clothing

- [ ] 1 Suit skirt and jacket
- [ ] 1 Pair jeans
- [ ] 1 Cardigan

- [ ] 1 Workout outfit
- [ ] Scarf
- [ ] 1 Sleep outfit
- [ ] 1 Pair of tennis shoes
- [ ] 1 Pair of flats https://herpackinglist.com/tieks-ballet-flats/
- [ ] 1, 2, or 3 Dress shirts
- [ ] 1 Pair underwear for each night

## Miscellaneous

- [ ] Packing cubes https://herpackinglist.com/how-to-use-packing-cubes/
- [ ] Water bottle https://herpackinglist.com/traveling-reusable-water-bottles/
- [ ] Jewelry - To dress basic outfits up.
- [ ] Travel coffee mug
- [ ] Notebook + pens

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