How to Travel with Only a Personal Item

When packing for your trip, pack light to avoid unnecessary travel stress and fees that come from having too much luggage. Here is a cheapskate's guide to ultralight travel by packing only a personal item for a long weekend trip away. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Carry-on vs Personal Item: A carry-on bag is the luggage that fits into an overhead bin, while a personal item is a bag that must fit under the seat in front of you. Many airlines are now charging for a carry-on bag, but are allowing a free personal item.

- [ ] Personal Item Bag - like a small backpack or oversized handbag

Clothing That Fits in a Personal Item

- [ ] 1 Swimsuit
- [ ] 3 Shirts
- [ ] 1 Pair of jeans https://herpackinglist.com/best-travel-pants-for-women/
- [ ] 1 Pair of shorts
- [ ] 2 Sweaters

Shoes

- [ ] 1 Pair of Converse sneakers
- [ ] 1 pair of Birkenstock Madrids https://herpackinglist.com/birkenstock-madrid-slide-sandals-review-fashionable-comfortable-travel-shoes/

Gadgets & Miscellaneous

- [ ] Camera
- [ ] Chargers
- [ ] Kindle
- [ ] Miscellaneous goodies - snacks, tea, coffee, etc.
- [ ] Contacts and glasses
- [ ] Small amount of makeup and lotions
- [ ] Travel hairbrush
- [ ] Water bottle https://herpackinglist.com/vapur-water-bottle-review/
- [ ] Small day pack that fits into the personal item https://herpackinglist.com/stuffable-bags-sea-to-summit-ultra-sil-daypack/

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