

How to Travel with Only a Personal Item

When packing for your trip, pack light to avoid unnecessary travel stress and fees that come from having too much luggage. Here is a cheapskate's guide to ultralight travel by packing only a personal item for a long weekend trip away. (Hot tip: Copy/save this list and customize by adding new items and replacing others!)



Carry-on vs Personal Item: A carry-on bag is the luggage that fits into an overhead bin, while a personal item is a bag that must fit under the seat in front of you. Many airlines are now charging for a carry-on bag, but are allowing a free personal item.

☐ Personal Item Bag - like a small backpack or oversized handbag

Clothing That Fits in a Personal Item

- ☐ 1 Swimsuit
- ☐ 3 Shirts
- ☐ 1 Pair of jeans <https://herpackinglist.com/best-travel-pants-for-women/>
- ☐ 1 Pair of shorts
- ☐ 2 Sweaters

Shoes

- ☐ 1 Pair of Converse sneakers
- ☐ 1 pair of Birkenstock Madrids <https://herpackinglist.com/birkenstock-madrid-slide-sandals-review-fashionable-comfortable-travel-shoes/>

Gadgets & Miscellaneous

- ☐ Camera
- ☐ Chargers
- ☐ Kindle
- ☐ Miscellaneous goodies - snacks, tea, coffee, etc.
- ☐ Contacts and glasses
- ☐ Small amount of makeup and lotions
- ☐ Travel hairbrush
- ☐ Water bottle <https://herpackinglist.com/vapur-water-bottle-review/>
- ☐ Small day pack that fits into the personal item <https://herpackinglist.com/stuffable-bags-sea-to-summit-ultra-sil-daypack/>

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