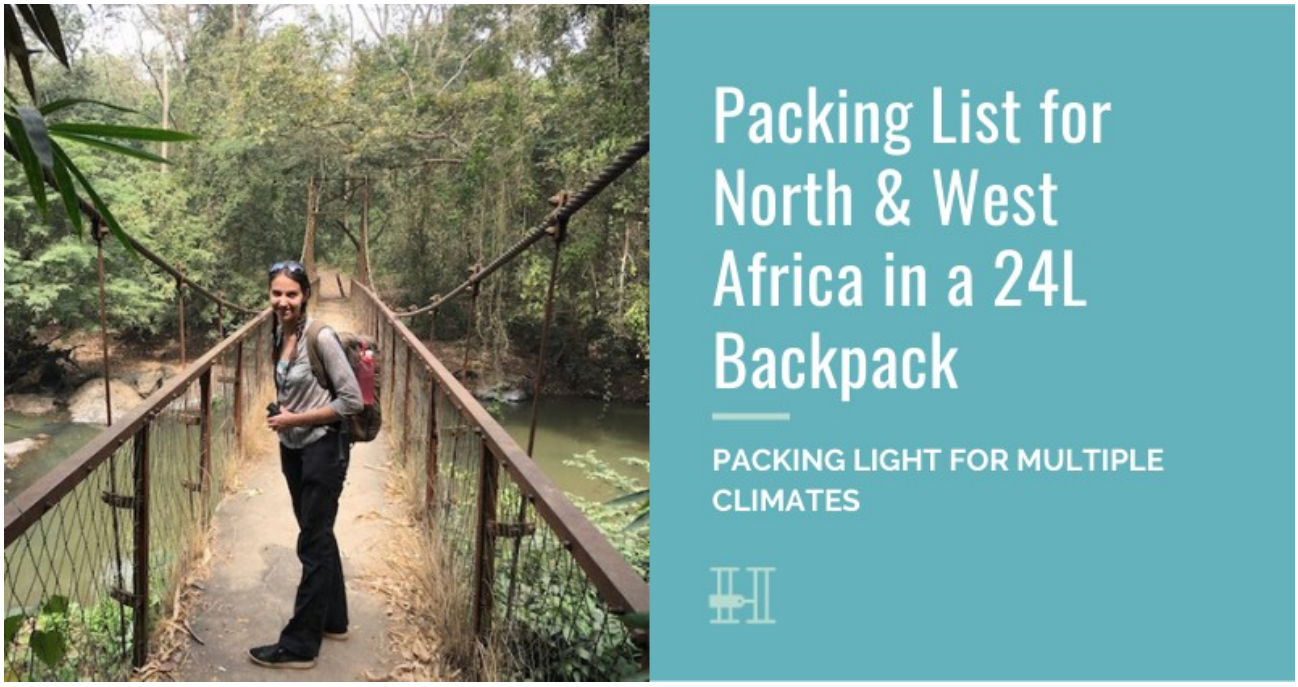
Packing List for North and West Africa in a 24L Backpack

Do you want to be an ultralight traveler for your trip to Africa? Packing light for a trip to multiple climates can seem daunting but this packing list for five and a half weeks will ensure that you have everything you need. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Clothing and Accessories

- [ ] 1 pair black travel/hiking pants
- [ ] 1 pair loose pants
- [ ] 1 pair lightweight base layer leggings
- [ ] 1 black maxi skirt
- [ ] 1 camisole
- [ ] 1 long sleeved shirt
- [ ] 1 short sleeved shirt
- [ ] 1 loose 3/4 length sleeved shirt
- [ ] 1 lightweight merino wool pullover sweater
- [ ] 4 pairs socks – 1 pair SmartWool https://herpackinglist.com/travel-socks-guide/
- [ ] 6 pairs underwear – 2 ExOfficio https://herpackinglist.com/exofficio-underwear-worth-it/
- [ ] 1 bikini
- [ ] 3 bras – 1 underwire, 1 bralette, 1 sports
- [ ] 1 Chrysalis cardi https://herpackinglist.com/encircled-chrysalis-cardi-review/

- [ ] 1 lightweight rain jacket
- [ ] Multiclava https://herpackinglist.com/the-one-little-thing-buff/
- [ ] Sun hat
- [ ] 2 pairs of earrings
- [ ] 1 ring – you can wear it as a decoy wedding ring.
- [ ] Sunglasses
- [ ] Watch

Shoes

- [ ] Walking shoes
- [ ] Flip flops

Electronics

- [ ] Travel adapter
- [ ] Compact camera
- [ ] 3 SD cards
- [ ] iPhone and waterproof case
- [ ] Kindle Fire and cover
- [ ] Headphones
- [ ] Bluetooth headphones
- [ ] Headphone splitter
- [ ] Charging cables
- [ ] Battery charger
- [ ] Steripen with rechargeable batteries https://herpackinglist.com/clean-water-hacks-southeast-asia/
- [ ] Headlamp with rechargeable batteries
- [ ] Power bank

Toiletries

- [ ] Electric toothbrush
- [ ] Dental floss and picks
- [ ] Toothpaste
- [ ] Dental retainers and case

- [ ] Package of 20 wet wipes
- [ ] Lip balm
- [ ] Travel size deodorant
- [ ] Menstrual cup https://herpackinglist.com/the-divacup-review/
- [ ] Folding travel brush/mirror
- [ ] Tweezers
- [ ] Nail clippers tiny
- [ ] Nail file
- [ ] Venus snap razor
- [ ] Partial bar of Dove soap
- [ ] Dr. Bronner's liquid soap
- [ ] Conditioner
- [ ] Body lotion solid
- [ ] Laundry soap
- [ ] Toilet paper

Medical Kit

- [ ] Malaria treatment, Azithromycin – antibiotic for diarrhea, Ibuprofen, Imodium, cold medicine, birth control, motion-sickness pills, motion-sickness bands, sleep aid and chewable antacid
- [ ] Anti-itch cream eye drops, cough drops, antibiotic ointment, several adhesive bandages, sunscreen, DEET insect repellent

For Packing

- [ ] Cotopaxi 24L Nazca travel pack
- [ ] The PNW Co. packable waterproof backpack
- [ ] Large and small drawstring stuff sacks
- [ ] Small toiletry bag
- [ ] Large, medium, and small compression packing cubes https://herpackinglist.com/how-to-use-packing-cubes/

Everything Else

- [ ] Passport
- [ ] Yellow book of vaccinations
- [ ] Wallet

- [ ] Passport wallet
- [ ] Credit and debit cards
- [ ] Cash – five 100 USD bills
- [ ] Copies of passport
- [ ] Copy of itinerary/flight reservations
- [ ] Plastic folio for paperwork and money
- [ ] 2 pens
- [ ] Small tripod
- [ ] Combination lock
- [ ] Vapur collapsible water bottle
- [ ] Spork
- [ ] Several plastic zip bags of assorted sizes
- [ ] Rubber bands
- [ ] Extra hair elastics
- [ ] Earplugs
- [ ] Eye mask

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