

Packing List for North and West Africa in a 24L Backpack

Do you want to be an ultralight traveler for your trip to Africa? Packing light for a trip to multiple climates can seem daunting but this packing list for five and a half weeks will ensure that you have everything you need. [Hot tip: Copy/save this list and customize by adding new items and replacing others!]



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PACKING LIGHT FOR MULTIPLE CLIMATES



Clothing and Accessories

- 1 pair black travel/hiking pants
- 1 pair loose pants
- 1 pair lightweight base layer leggings
- 1 black maxi skirt
- 1 camisole
- 1 long sleeved shirt
- 1 short sleeved shirt
- 1 loose 3/4 length sleeved shirt
- 1 lightweight merino wool pullover sweater
- 4 pairs socks – 1 pair SmartWool <https://herpackinglist.com/travel-socks-guide/>
- 6 pairs underwear – 2 ExOfficio <https://herpackinglist.com/exofficio-underwear-worth-it/>
- 1 bikini
- 3 bras – 1 underwire, 1 bralette, 1 sports
- 1 Chrysalis cardigan <https://herpackinglist.com/encircled-chrysalis-cardi-review/>
- 1 lightweight rain jacket
- Multiclava <https://herpackinglist.com/the-one-little-thing-buff/>
- Sun hat

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- 2 pairs of earrings
- 1 ring – you can wear it as a decoy wedding ring.
- Sunglasses
- Watch

Shoes

- Walking shoes
- Flip flops

Electronics

- Travel adapter
- Compact camera
- 3 SD cards
- iPhone and waterproof case
- Kindle Fire and cover
- Headphones
- Bluetooth headphones
- Headphone splitter
- Charging cables
- Battery charger
- Steripen with rechargeable batteries <https://herpackinglist.com/clean-water-hacks-southeast-asia/>
- Headlamp with rechargeable batteries
- Power bank

Toiletries

- Electric toothbrush
- Dental floss and picks
- Toothpaste
- Dental retainers and case
- Package of 20 wet wipes
- Lip balm
- Travel size deodorant
- Menstrual cup <https://herpackinglist.com/the-divacup-review/>
- Folding travel brush/mirror
- Tweezers
- Nail clippers tiny
- Nail file
- Venus snap razor

- Partial bar of Dove soap
- Dr. Bronner's liquid soap
- Conditioner
- Body lotion solid
- Laundry soap
- Toilet paper

Medical Kit

- Malaria treatment, Azithromycin – antibiotic for diarrhea, Ibuprofen, Imodium, cold medicine, birth control, motion-sickness pills, motion-sickness bands, sleep aid and chewable antacid
- Anti-itch cream eye drops, cough drops, antibiotic ointment, several adhesive bandages, sunscreen, DEET insect repellent

For Packing

- Cotopaxi 24L Nazca travel pack
- The PNW Co. packable waterproof backpack
- Large and small drawstring stuff sacks
- Small toiletry bag
- Large, medium, and small compression packing cubes <https://herpackinglist.com/how-to-use-packing-cubes/>

Everything Else

- Passport
- Yellow book of vaccinations
- Wallet
- Passport wallet
- Credit and debit cards
- Cash – five 100 USD bills
- Copies of passport
- Copy of itinerary/flight reservations
- Plastic folio for paperwork and money
- 2 pens
- Small tripod
- Combination lock
- Vapur collapsible water bottle
- Spork
- Several plastic zip bags of assorted sizes
- Rubber bands
- Extra hair elastics
- Earplugs
- Eye mask

