

Packing List for Birthright

Birthright is a free ten-day trip to Israel for young Jewish adults ages 18-26 that takes you all over the country. Packing a carry-on is the only way to go for this ten day trip to Israel. [Hot tip: Copy/save this list and customize by adding new items and replacing others!]



Ultimate Female Packing List for Birthright

PACKING A CARRY-ON IS THE ONLY WAY TO GO FOR THIS TEN-DAY TRIP TO ISRAEL



Clothing

- ☐ Jeans/Pants (1-2) <https://herpackinglist.com/best-travel-pants-for-women/>
- ☐ Shorts (2-3)
- ☐ Leggings (1-2)
- ☐ Basic t-shirts / tanks (10)
- ☐ Shawl / scarf / maxiskirt (1)
- ☐ Shabbat outfit <https://herpackinglist.com/guide-to-packing-for-conservative-countries/>
- ☐ Underwear, socks, pajamas
- ☐ Bras (3)
- ☐ Sweatshirt (1)
- ☐ Warm jacket (1) – Only if you are going in the winter
- ☐ Towel (1, optional) herpackinglist.com/turkish-towels-for-travel/
- ☐ Swimsuit (1-2)

Shoes

- ☐ Flip-flops (1)
- ☐ Athletic shoes (1)

- ☐ Nice sandals (1)

Toiletries

- ☐ Travel-sized toiletries <https://herpackinglist.com/get-free-travel-size-toiletries/>

Extras

- ☐ Start your trip with at least \$150 of American cash
- ☐ One small purse for your night out in Tel Aviv
- ☐ One day pack that will fit a change of clothes and a towel
- ☐ Hat
- ☐ Sunglasses
- ☐ Water bottle
- ☐ A good pair of headphones

Electronics

- ☐ A few pairs of earplugs
- ☐ A portable charger

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