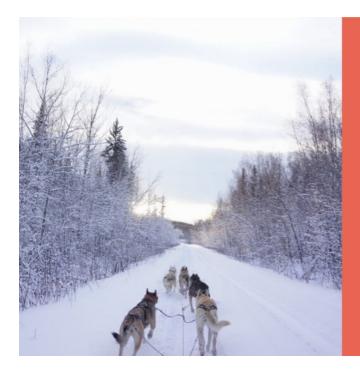
## **Packing List for Teaching in Bush Alaska**

Have you secured a teaching position in Bush Alaska and haven't a clue what you should pack? This thorough packing list will get you started in this remote destination. Just keep in mind the weather when packing as in Winter it will average 0° during the day with cold snaps reaching to -20°. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



## Ultimate Packing List for Teaching in Bush Alaska

A THOROUGH LIST TO GET YOU STARTED IN THIS REMOTE DESTINATION



## Clothing

A long winter coat with a rating of at least -30°		
Snow pants with a similar rating		
Waterproof snow boots with a similar rating		
Heavy-duty winter gloves		
A thick wool scarf		
Long underwear or leggings to wear under jeans		
Plenty of sweaters to layer		
A good hat		
Get a kuspuk when you arrive		
Rain coat		
Muckboots		
Accessories		
Teacher tote		

Lunch box and water bottle

Bug spray			
Vitamin D			
Female Related			
Pack plenty of your preferred feminine hygiene products https://herpackinglist.com/the-divacup-review/			
Pack enough birth control to last the duration of your trip			
House Supplies			
Kitchen			
Dish set			
Drinking glasses			
Pitcher			
Utensils set			
Dish drying rack			
Kitchen towels			
Hot mitt			
Cooking pot set			
Cooking utensils set			
Cooking knives			
Cutting board			
Bakeware set			
Food storage containers			
Coffee maker and filters			
Electric mixer			
Strainer/colander			
Microwave			
Breadmaker - Bread is \$6 per loaf!			
Bedroom			
Air mattress			
Air mattress pump			

Pil	low Sheet set
Co	mforter and blankets
Clo	othes hangers
La	undry basket
Bla	ackout curtains or at least an eye-mask
Sa	d Light
Livin	g Room
Co	uch cover
D\	/D player/ PlayStation/ Xbox
Bath	room
Re	placement showerhead
Vir	nyl shower curtains
То	ilet, shower, and counter cleaners
A ,	blunger
Food	
	some villages you do still have to spend \$5,000 up-front on your year's supply of food. In others, Amazon Prime and rget deliver year-round so you don't have to.
Prote	ein
	pect to pay at least \$6 per pound for chicken. A good tip is to supplement most of your protein with beans and ntils instead.
Prod	uce
se	t aside a closet with a UV light to grow your own fruits and veggies, or stick with frozen and dried options.
Basic	: Ingredients
Sa	lt & pepper
Oli	ve oil
Ric	te Lentils
Flo	pur

Sugar
Brown sugar
Old fashioned oats
Coffee
Tea Tea
Honey
Syrup
Baking powder
Baking soda
Corn starch
Yeast
Spices
Ketchup
Mustard
Lemon juice
Mayonnaise
Boxed pasta
Canned soup
Canned beans
Soup stock
Home Supplies
Laundry soap
Dryer sheets
Aluminum foil
Plastic wrap
Wax paper
Toothpicks
Dish soap and sponge
Stock up on basic medicine such as Tylenol, Ibuprofen, cough syrup, Pepto-Bismol, allergy meds
Paper towels
Toilet paper

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