Packing List for Teaching in Bush Alaska

Have you secured a teaching position in Bush Alaska and haven't a clue what you should pack? This thorough packing list will get you started in this remote destination. Just keep in mind the weather when packing as in Winter it will average 0˚ during the day with cold snaps reaching to -20˚. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Clothing

- [ ] A long winter coat with a rating of at least -30˚
- [ ] Snow pants with a similar rating
- [ ] Waterproof snow boots with a similar rating
- [ ] Heavy-duty winter gloves
- [ ] A thick wool scarf
- [ ] Long underwear or leggings to wear under jeans
- [ ] Plenty of sweaters to layer
- [ ] A good hat
- [ ] Get a kuspuk when you arrive
- [ ] Rain coat
- [ ] Muckboots

Accessories

- [ ] Teacher tote
- [ ] Lunch box and water bottle

- [ ] Bug spray
- [ ] Vitamin D

Female Related

- [ ] Pack plenty of your preferred feminine hygiene products https://herpackinglist.com/the-divacup-review/
- [ ] Pack enough birth control to last the duration of your trip

House Supplies

Kitchen

- [ ] Dish set
- [ ] Drinking glasses
- [ ] Pitcher
- [ ] Utensils set
- [ ] Dish drying rack
- [ ] Kitchen towels
- [ ] Hot mitt
- [ ] Cooking pot set
- [ ] Cooking utensils set
- [ ] Cooking knives
- [ ] Cutting board
- [ ] Bakeware set
- [ ] Food storage containers
- [ ] Coffee maker and filters
- [ ] Electric mixer
- [ ] Strainer/ colander
- [ ] Microwave
- [ ] Breadmaker - Bread is $6 per loaf!

Bedroom

- [ ] Air mattress
- [ ] Air mattress pump

- [ ] Pillow Sheet set
- [ ] Comforter and blankets
- [ ] Clothes hangers
- [ ] Laundry basket
- [ ] Blackout curtains or at least an eye-mask
- [ ] Sad Light

Living Room

- [ ] Couch cover
- [ ] DVD player/ PlayStation/ Xbox

Bathroom

- [ ] Replacement showerhead
- [ ] Vinyl shower curtains
- [ ] Toilet, shower, and counter cleaners
- [ ] A plunger

Food

- [ ] In some villages you do still have to spend $5,000 up-front on your year's supply of food. In others, Amazon Prime and Target deliver year-round so you don't have to.

Protein

- [ ] Expect to pay at least $6 per pound for chicken. A good tip is to supplement most of your protein with beans and lentils instead.

Produce

- [ ] set aside a closet with a UV light to grow your own fruits and veggies, or stick with frozen and dried options.

Basic Ingredients

- [ ] Salt & pepper
- [ ] Olive oil
- [ ] Rice Lentils
- [ ] Flour

- [ ] Sugar
- [ ] Brown sugar
- [ ] Old fashioned oats
- [ ] Coffee
- [ ] Tea
- [ ] Honey
- [ ] Syrup
- [ ] Baking powder
- [ ] Baking soda
- [ ] Corn starch
- [ ] Yeast
- [ ] Spices
- [ ] Ketchup
- [ ] Mustard
- [ ] Lemon juice
- [ ] Mayonnaise
- [ ] Boxed pasta
- [ ] Canned soup
- [ ] Canned beans
- [ ] Soup stock

Home Supplies

- [ ] Laundry soap
- [ ] Dryer sheets
- [ ] Aluminum foil
- [ ] Plastic wrap
- [ ] Wax paper
- [ ] Toothpicks
- [ ] Dish soap and sponge
- [ ] Stock up on basic medicine such as Tylenol, Ibuprofen, cough syrup, Pepto-Bismol, allergy meds
- [ ] Paper towels
- [ ] Toilet paper

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