Productivity morning routine

Checklist



- [ ] Don't hit snooze!
- [ ] Avoid looking at phone
- [ ] Drink a glass of water
- [ ] Write in journal
- [ ] Plan your day
- [ ] Eat the frog
- [ ] Listen to a podcast
- [ ] Exercise/meditate
- [ ] Make a healthy breakfast
- [ ] Get ready

Learn more: https://www.pinterest.com/imerikamarie/

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