

# Packing List for North and West Africa in a 24L Backpack

Do you want to be an ultralight traveler for your trip to Africa? Packing light for a trip to multiple climates can seem daunting but this packing list for five and a half weeks will ensure that you have everything you need. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



## Packing List for North & West Africa in a 24L Backpack

PACKING LIGHT FOR MULTIPLE CLIMATES



### Clothing and Accessories

- ☐ 1 pair black travel/hiking pants
- ☐ 1 pair loose pants
- ☐ 1 pair lightweight base layer leggings
- ☐ 1 black maxi skirt
- ☐ 1 camisole
- ☐ 1 long sleeved shirt
- ☐ 1 short sleeved shirt
- ☐ 1 loose 3/4 length sleeved shirt
- ☐ 1 lightweight merino wool pullover sweater
- ☐ 4 pairs socks – 1 pair SmartWool <https://herpackinglist.com/travel-socks-guide/>
- ☐ 6 pairs underwear – 2 ExOfficio <https://herpackinglist.com/exofficio-underwear-worth-it/>
- ☐ 1 bikini
- ☐ 3 bras – 1 underwire, 1 bralette, 1 sports
- ☐ 1 Chrysalis cardi <https://herpackinglist.com/encircled-chrysalis-cardi-review/>

- ☐ 1 lightweight rain jacket
- ☐ Multiclava <https://herpackinglist.com/the-one-little-thing-buff/>
- ☐ Sun hat
- ☐ 2 pairs of earrings
- ☐ 1 ring – you can wear it as a decoy wedding ring.
- ☐ Sunglasses
- ☐ Watch

## Shoes

- ☐ Walking shoes
- ☐ Flip flops

## Electronics

- ☐ Travel adapter
- ☐ Compact camera
- ☐ 3 SD cards
- ☐ iPhone and waterproof case
- ☐ Kindle Fire and cover
- ☐ Headphones
- ☐ Bluetooth headphones
- ☐ Headphone splitter
- ☐ Charging cables
- ☐ Battery charger
- ☐ Steripen with rechargeable batteries <https://herpackinglist.com/clean-water-hacks-southeast-asia/>
- ☐ Headlamp with rechargeable batteries
- ☐ Power bank

## Toiletries

- ☐ Electric toothbrush
- ☐ Dental floss and picks
- ☐ Toothpaste
- ☐ Dental retainers and case

- ☐ Package of 20 wet wipes
- ☐ Lip balm
- ☐ Travel size deodorant
- ☐ Menstrual cup <https://herpackinglist.com/the-divacup-review/>
- ☐ Folding travel brush/mirror
- ☐ Tweezers
- ☐ Nail clippers tiny
- ☐ Nail file
- ☐ Venus snap razor
- ☐ Partial bar of Dove soap
- ☐ Dr. Bronner's liquid soap
- ☐ Conditioner
- ☐ Body lotion solid
- ☐ Laundry soap
- ☐ Toilet paper

## Medical Kit

- ☐ Malaria treatment, Azithromycin – antibiotic for diarrhea, Ibuprofen, Imodium, cold medicine, birth control, motion-sickness pills, motion-sickness bands, sleep aid and chewable antacid
- ☐ Anti-itch cream eye drops, cough drops, antibiotic ointment, several adhesive bandages, sunscreen, DEET insect repellent

## For Packing

- ☐ Cotopaxi 24L Nazca travel pack
- ☐ The PNW Co. packable waterproof backpack
- ☐ Large and small drawstring stuff sacks
- ☐ Small toiletry bag
- ☐ Large, medium, and small compression packing cubes <https://herpackinglist.com/how-to-use-packing-cubes/>

## Everything Else

- ☐ Passport
- ☐ Yellow book of vaccinations
- ☐ Wallet
- ☐ Passport wallet

- ☐ Credit and debit cards
- ☐ Cash – five 100 USD bills
- ☐ Copies of passport
- ☐ Copy of itinerary/flight reservations
- ☐ Plastic folio for paperwork and money
- ☐ 2 pens
- ☐ Small tripod
- ☐ Combination lock
- ☐ Vapur collapsible water bottle
- ☐ Spork
- ☐ Several plastic zip bags of assorted sizes
- ☐ Rubber bands
- ☐ Extra hair elastics
- ☐ Earplugs
- ☐ Eye mask

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