

Pokemon Diamond and Pearl Sinnoh Regional Pokedex

Locations of all 150(+) Sinnoh Pokemon in Pokemon Diamond and Pearl. Contains Story Spoilers. Does not include Pokemon Platinum. Contains the most common/easiest locations or requirements for obtaining each available Pokemon. Pokemon may be available in more places than those listed. Sourced from multiple sources including the Diamond and Pearl Official Strategy Guide and Serebii.net.



- #001 Turtwig - Starter, obtained at Lake Verity
- #002 Grotle - Evolve from Turtwig (level 18)
- #003 Torterra - Evolve from Grotle (level 32)
- #004 Chimchar - Starter, obtained at Lake Verity
- #005 Monferno - Evolve from Chimchar (level 14)
- #006 Infernape - Evolve from Monferno (level 36)
- #007 Piplup - Starter, obtained at Lake Verity
- #008 Prinplup - Evolve from Piplup (level 16)
- #009 Empoleon - Evolve from Prinplup (level 36)
- #010 Starly - Routes 201, 202, 204, Lake Verity
- #011 Staravia - Evolve from Starly (level 14); Routes 209, 212 North, Lake Valor
- #012 Staraptor - Evolve from Staravia (level 34)
- #013 Bidoof - Routes 201, 202, 203, Lake Verity
- #014 Bibarel - Evolve from Bidoof (level 15); Routes 208, 209, 210 North

- #015 Kriketot - Route 202 (morning/night), Route 203 (morning), Route 204 (morning)
- #016 Kriketune - Evolve from Kriketot (level 10); Route 206 (night), Route 210 South (night), Route 212 (night)
- #017 Shinx - Routes 202, 203, 204
- #018 Luxio - Evolve from Shinx (level 15); Fuego Ironworks
- #019 Luxray - Evolve from Luxio (level 30)
- #020 Abra - Routes 203 and 215, Oreburgh City (trade a Machop to a woman in a two-story house in the northwest)
- #021 Kadabra - Evolve from Abra (level 16); Route 215, Victory Road 2F
- #022 Alakazam - Evolve from Kadabra (link-trade with another player)
- #023 Magikarp - Generally anywhere able to fish (old rod)
- #024 Gyarados - Evolve from Magikarp (level 20); Generally anywhere able to fish (super rod)
- #025 Budew - Routes 204 and 212 North, Eterna Forest
- #026 Roselia - Evolve from Budew (level after achieving high friendship between 4:00AM and 8:00PM); Routes 212 and 224
- #027 Roserade - Evolve from Roselia (Shiny Stone)
- #028 Zubat - Oreburgh Gate 1F and B1F, Ravaged Path, Lost Tower 1F-5F
- #029 Golbat - Evolve from Zubat (level 22); Lost Tower 5F, Snowpoint Temple
- #030 Crobat - Evolve from Golbat (level after achieving high friendship)
- #031 Geodude - Oreburgh Gate 1F/B1F, Oreburgh Mine 1F/B1F, Route 207
- #032 Graveler - Evolve from Geodude (level 25); Iron Island 1F/B1F/B2F/B3F, Victory Road
- #033 Golem - Evolve from Graveler (link-trade with another player)
- #034 Onix - Oreburgh Mine, Iron Island, Snowpoint Temple 1F/B1F/B2F/B3F
- #035 Steelix - Evolve from Onix (trade with another player while holding a Metal Coat); Snowpoint Temple, Victory Road
- #036 Cranidos - DIAMOND VERSION EXCLUSIVE - Obtain a Skull Fossil from the Underground and have it restored at the Mining Museum in Oreburgh City
- #037 Rampardos - Evolve from Cranidos (level 30)
- #038 Sheldon - PEARL VERSION EXCLUSIVE - Obtain an Armor Fossil from the Underground and have it restored at the Mining Museum in Oreburgh City
- #039 Bastiodon - Evolve from Sheldon (level 30)
- #040 Machop - Routes 207, 208, 210 North
- #041 Machoke - Evolve from Machop (level 28); Routes 210 North and 216, Victory Road
- #042 Machamp - Evolve from Machoke (link-trade with another player)
- #043 Psyduck - Pastoria Great Marsh, Ravaged Path, Routes 203 and 204
- #044 Golduck - Evolve from Psyduck (level 33); Route 225, Resort Area (surfing)

- #045 Burmy - Put Honey on a Honey Tree
 - Has three cloaks based on the environment where the Pokemon last battled: Plant Cloak (grass), Sandy Cloak (caves and sand), Trash Cloak (buildings).
- #046 Wormadam - Evolve from Burmy (level 20, female only)
 - Has three cloaks based on the cloak Burmy had at evolution: Plant Cloak, Sandy Cloak, Trash Cloak (cannot be changed after evolution)
- #047 Mothim - Evolve from Burmy (level 20, male only)
- #048 Wurmple - Eterna Forest
- #049 Silcoon - DIAMOND VERSION SEMI-EXCLUSIVE - Evolve from Wurmple (level 7, 50% chance based on invisible personality values); Eterna Forest
- #050 Beautifly - DIAMOND VERSION SEMI-EXCLUSIVE - Evolve from Silcoon (level 10); Routes 224 and 230
- #051 Cascoon - PEARL VERSION SEMI-EXCLUSIVE - Evolve from Wurmple (level 7, 50% chance based on invisible personality values); Eterna Forest
- #052 Dustox - PEARL VERSION SEMI-EXCLUSIVE - Evolve from Cascoon (level 10); Eterna Forest
- #053 Combee - Put Honey on a Honey Tree (try to catch female)
- #054 Vespiquen - Evolve from Combee (level 21, female only)
- #055 Pachirisu - Route 205, Fuego Ironworks, Valley Windworks
- #056 Buizel - Routes 205 and 213, Valley Windworks
- #057 Floatzel - Evolve from Buizel (level 26); Routes 218, 221, 222, Fuego Ironworks
- #058 Cherubi - Put Honey on a Honey Tree
- #059 Cherrim - Evolve from Cherubi (level 25)
 - Has both "Overcast Form," its normal form which is stored in the PC, and the "Sunshine Form," which only occurs when Sunny Day is in effect in battle.
- #060 Shellos - Routes 205 and 213, Valley Windworks
 - Has two forms - Pink "West Sea" form on west side of Mt. Coronet (Route 205) and Blue "East Sea" form on east side of Mt. Coronet (Route 213)
- #061 Gastrodon - Evolve from Shellos (level 30); Routes 218 and 222
 - Has two forms - Pink "West Sea" form on west side of Mt. Coronet (Route 218) and Blue "East Sea" form on east side of Mt. Coronet (Route 222)
- #062 Heracross - Put Honey on a Honey Tree
- #063 Aipom - Put Honey on a Honey Tree
- #064 Ambipom - Evolve from Aipom (Learn "Double Hit" at level 32 then level again)
- #065 Drifloon - Valley Windworks (Friday daytime only)
- #066 Drifblim - Evolve from Drifloon (level 28)
- #067 Buneary - Eterna Forest

- #068 Lopunny - Evolve from Buneary (level up after achieving high friendship)
- #069 Gastly - Old Chateau, Lost Tower
- #070 Haunter - Evolve from Gastly (level 25); In-game trade for Medicham in Snowpoint City (note: holding an Everstone, so will not evolve to Gengar after the trade completes), Turnback Cave
- #071 Gengar - Evolve from Haunter (trade with another player); Old Chateau 2F 5th Room (only if Ruby/Sapphire/Emerald/FireRed/LeafGreen inserted in the GBA slot)
- #072 Misdreavus - PEARL VERSION EXCLUSIVE - Eterna Forest (night), Lost Tower (night)
- #073 Mismagius - Evolve from Misdreavus (Dusk Stone)
- #074 Murkrow - DIAMOND VERSION EXCLUSIVE - Eterna Forest (night), Lost Tower (night)
- #075 Honchkrow - Evolve from Honchkrow (Dusk Stone)
- #076 Glameow - PEARL VERSION EXCLUSIVE - Routes 218, 222
- #077 Purugly - PEARL VERSION EXCLUSIVE - Evolve from Glameow (level 38); Routes 222, 229
- #078 Goldeen - Routes 203 and 204, Lake Acuity (good rod)
- #079 Seaking - Evolve from Goldeen (level 33); Routes 203 and 204, Lake Acuity (super rod)
- #080 Barboach - Routes 203, 227, Eterna City (good rod)
- #081 Whiscash - Evolve from Barboach (level 30); Route 208, 227, Eterna City (super rod)
- #082 Chingling - Route 211, Lake Acuity, Lake Valor; Breed Chimecho holding a Pure Incense and hatch the resulting egg
- #083 Chimecho - Evolve from Chingling (level after achieving high friendship between 8:00PM and 4:00PM); Mt. Coronet 5F/6F/7F, Sendoff Spring
- #084 Stunky - DIAMOND VERSION EXCLUSIVE - Routes 206, 214, and 221
- #085 Skuntank - DIAMOND VERSION EXCLUSIVE - Evolve from Stunky (level 34); Routes 221 and 225
- #086 Meditite - Routes 208, 210 North and 211
- #087 Medicham - Evolve from Meditite (level 37); Route 217, Acuity Lakefront, Victory Road
- #088 Bronzor - Route 206, Wayward Cave
- #089 Bronzong - Evolve from Bronzor (level 33); Mt. Coronet 2F-7F and Top Areas, Turnback Cave
- #090 Ponyta - Routes 206, 210 South, 214, and 215
- #091 Rapidash - Evolve from Ponyta (level 40)
- #092 Bonsly - PEARL VERSION SEMI-EXCLUSIVE - Routes 209 and 210 South, Both Versions: Trophy Garden Daily (after obtaining the National Pokedex); Breed Sudowoodo holding a Rock Incense with Ditto and hatch the resulting egg
- #093 Sudowoodo - PEARL VERSION EXCLUSIVE - Routes 214 and 221; Evolve from Bonsly (learn "Mimic" at level 17 then level again)
- #094 Mime Jr. - DIAMOND VERSION SEMI-EXCLUSIVE - Routes 209 and 210 South, Both Versions: Trophy Garden Daily (after obtaining the National Pokedex); Breed Mr. Mime holding an Odd Incense with Ditto and hatch the resulting egg

- #095 Mr. Mime - DIAMOND VERSION EXCLUSIVE - Routes 218 and 222; Evolve from Mime Jr. (learn "Mimic" at level 18 then level again)
- #096 Happiny - Hatch the egg given by a hiker in Hearthome City, Trophy Garden Daily (after obtaining the National Pokedex); Breed Chansey or Blissey holding a Luck Incense with Ditto and hatch the resulting egg
- #097 Chansey - Routes 209 and 210 South, Trophy Garden Daily (after obtaining the National Pokedex); Evolve from Happiny (level up while holding an Oval Stone during the day)
- #098 Blissey - Evolve from Chansey (level after achieving high friendship)
- #099 Cleffa - Mt. Coronet Route 207 Entrance and Route 211 Entrance, Trophy Garden Daily (after obtaining the National Pokedex)
- #100 Clefairy - Evolve from Cleffa (level up after achieving high friendship), Mt. Coronet 2F-7F/B1F/Top Areas, Trophy Garden Daily (after obtaining the National Pokedex)
- #101 Clefable - Evolve from Clefairy (Moon Stone)
- #102 Chatot - Routes 222 and 224 (morning/day); In-game trade in Eterna City Condominiums with a boy for Buizel
- #103 Pichu - Trophy Garden
- #104 Pikachu - Evolve from Pichu (level after achieving high friendship); Trophy Garden
- #105 Raichu - Evolve from Pikachu (Thunderstone)
- #106 Hoothoot - Routes 210 and 211 West (night), Great Pastoria Marsh (night)
- #107 Noctowl - Evolve from Hoothoot (level 20); Routes 210 North and 211 East (night), Acuity Lakefront (night)
- #108 Spiritomb - Broken Stone Tower on Route 209 (Place the Odd Keystone -- given by a "hidden" Blackbelt at the end of Route 208 -- on the Broken Stone Tower to become the Hallowed Tower then greet 32 people in the Underground. Return to the Tower and Spiritomb will appear. You can talk to the same person 32 times by leaving the Underground and returning)
- #109 Gible - Wayward Cave B1F
- #110 Gabite - Evolve from Gible (level 24)
- #111 Garchomp - Evolve from Gible (level 48)
- #112 Munchlax - Put Honey on a Tree (exceedingly rare), Breed Snorlax holding a Full Incense with Ditto and hatch the resulting egg (recommended method)
- #113 Snorlax - Evolve from Munchlax (level up after achieving high friendship), trade in from HeartGold or SoulSilver (recommended method)
- #114 Unown - Solaceon Ruins
 - Note: Has 28 forms based on the letters of the alphabet and "!" and "?" - different forms are found in the different rooms. After catching all 26 letters, talk to the Ruin Maniac to unlock the punctuation forms in the Ruin Extension.
- #115 Riolu - Hatch the egg received from Riley on Iron Island
- #116 Lucario - Evolve from Riolu (level up after achieving high friendship between 4:00AM and 8:00PM)
- #117 Wooper - Route 212 South, Pastoria Great Marsh (surfing best chance)
- #118 Quagsire - Evolve from Wooper (level 20); Route 212 South, Pastoria Great Marsh
- #119 Wingull - Routes 213 and 218, Fuego Ironworks (surfing best chance)

- #120 Pelipper - Evolve from Wingull (level 25); Routes 224, 226, and 230 (surfing)
- #121 Girafarig - Route 214, Valor Lakefront
- #122 Hippopotas - Ruin Maniac Cave/Tunnel -- greater chance as the tunnel expands from catching Unown forms
- #123 Hippowdon - Evolve from Hippopotas (level 34); Route 228
- #124 Azurill - Pastoria Great Marsh (best chance in Area 5), Trophy Garden Daily (after obtaining the National Pokedex); Breed Marill or Azumarill holding a Sea Incense with Ditto and hatch the resulting egg
- #125 Marill - Evolve from Azurill (level up after achieving high friendship); Pastoria Great Marsh (surfing best chance), Trophy Garden Daily (after obtaining the National Pokedex)
- #126 Azumarill - Evolve from Marill (level 18)
- #127 Skorupi - Pastoria Great Marsh Daily Binocular Pokemon
- #128 Drapion - Evolve from Skorupi (level 40); Pastoria Great Marsh Daily Binocular Pokemon (after obtaining the National Pokedex)
- #129 Croagunk - Pastoria Great Marsh Daily Binocular Pokemon
- #130 Toxicroak - Evolve from Croagunk (level 37); Pastoria Great Marsh Daily Binocular Pokemon (after obtaining the National Pokedex)
- #131 Carnivine - Pastoria Great Marsh Daily Binocular Pokemon
- #132 Remoraid - Routes 213, 222, and 223 (good rod)
- #133 Octillery - Evolve from Remoraid (level 25), Routes 213, 222, and 224 (super rod)
- #134 Finneon - Routes 205 South, 218, and 219 (good rod)
- #135 Lumineon - Route 205 South, 218, and 219 (super rod)
- #136 Tentacool - Routes 205 South, 213, and 218 (surfing)
- #137 Tentacruel - Evolve from Tentacool (level 30); Routes 223 and 224, Sunnysore City (surfing)
- #138 Feebas - Mt. Coronet B1F (super rod, randomly appearing in 4 of the 528 water tiles which change daily, try each spot 2-3 times before moving on)
- #139 Milotic - Evolve from Feebas (level up after achieving maximum beauty, recommended to use poffins made from Pamtre berries)
- #140 Mantyke - Route 223, Sunnysore City (surfing)
- #141 Mantine - Evolve from Mantyke (level up with Remoraid also in the party)
- #142 Snover - Routes 216 and 217, Acuity Lakefront
- #143 Abomasnow - Evolve from Snover (level 40); Mt. Coronet Top and Snow Area
- #144 Sneasel - Routes 216 and 217, Acuity Lakefront, Snowpoint Temple
- #145 Weavile - Evolve from Sneasel (level while holding a Razor Claw between 8:00PM and 4:00AM)
- #146 Uxie - Static Encounter at Lake Acuity (after visiting Spear Pillar in Mt. Coronet)
- #147 Mesprit - Roams throughout the Sinnoh Region after initially discovering at Lake Verity (after visiting the Spear Pillar in Mt. Coronet)

- #148 Azelf - Static Encounter at Lake Verity (after visiting Spear Pillar in Mt. Coronet)
- #149 Dialga - DIAMOND VERSION EXCLUSIVE - Static Encounter at Spear Pillar in Mt. Coronet during main story
- #150 Palkia - PEARL VERSION EXCLUSIVE - Static Encounter at Spear Pillar in Mt. Coronet during main story
- #151 Manaphy - Not currently obtainable via standard gameplay. It is possible, yet unlikely, to transfer a Manaphy Egg from Pokemon Ranger after finishing the post-game content. However, these games had one Manaphy Egg per cartridge and it is unlikely to find a cartridge that has not redeemed the egg.
- Ditto - Route 218 (PokeRadar) **Note: added to this list due to its importance in breeding

The following Pokemon are not required to complete the Sinnoh Pokedex. These are evolutionary lines for newly added Pokemon this generation or Legendaries. They are listed in the National Pokedex order of the new Pokemon.

Talk to the Rival's Sister at their house in Sandgem Town to determine which Pokemon is swarming and where. The swarms change daily. Pokemon not listed below may also be swarming.

- #081 Magnemite - Swarm Pokemon at Fuego Ironworks
- #082 Magneton - Evolve from Magnemite (level 30)
- #462 Magnezone - Evolve from Magneton (level up inside of Mt. Coronet)
- #108 Lickitung - Swarm Pokemon at Lake Valor
- #463 Lickilicky - Evolve from Lickitung (level up after learning "Rollout," learned at level 33)
- #111 Rhyhorn - Route 227, Stark Mountain
- #112 Rhydon - Evolve from Rhyhorn (level 42); Route 227, Route 228, Stark Mountain
- #464 Rhyperior - Evolve from Rhydon (link-trade with another player while holding a "Protector")
- #114 Tangela - Transfer from FireRed/LeafGreen or trade from Platinum/HeartGold/SoulSilver
- #465 Tangrowth - Evolve from Tangela (level up after learning "Ancientpower," learned at level 33)
- #239 Elekid - Trade from Platinum/HeartGold/SoulSilver; Route 205 South and Valley Windworks with FireRed inserted in the GBA slot; Breed Electabuzz with Ditto and hatch the resulting egg
- #125 Electabuzz - Transfer from FireRed or trade from Platinum/HeartGold/SoulSilver; Evolve from Elekid (level 30)
- #466 Electivire - Evolve from Electabuzz (link-trade with another player while holding an "Electrizer")
- #240 Magby - Trade from Platinum/HeartGold/SoulSilver; Route 227 and Stark Mountain with LeafGreen inserted in the GBA slot; Breed Magmar with Ditto and hatch the resulting egg
- #126 Magmar - Transfer from LeafGreen or trade from Platinum/HeartGold/SoulSilver; Evolve from Magmar (level 30)
- #467 Magmortar - Evolve from Magmar (link-trade with another player while holding a "Magmarizer")
- #175 Togepi - Route 230 (using the PokeRadar)
- #176 Togetic - Evolve from Togepi (level up after achieving high friendship)

- #468 Togekiss - Evolve from Togetic (Shiny Stone)
- #193 Yanma - Pastoria Great Marsh Daily Binocular Pokemon (after obtaining the National Pokedex)
- #469 Yanmega - Evolve from Yanma (level up after learning "Ancientpower," learned at level 33)
- #133 Eevee - Gift Pokemon from Bebe in Hearthome City after obtaining the National Pokedex; Trophy Garden Daily (after obtaining the National Pokedex)
- #134 Vaporeon - Evolve from Eevee (Water Stone)
- #135 Jolteon - Evolve from Eevee (Thunderstone)
- #136 Flareon - Evolve from Eevee (Fire Stone)
- #196 Espeon - Evolve from Eevee (level up after achieving high friendship during the day)
- #197 Umbreon - Evolve from Eevee (level up after achieving high friendship at night)
- #470 Leafeon - Evolve from Eevee (level up near the Moss Rock in Eterna Forest)
- #471 Glaceon - Evolve from Eevee (level up near the Ice Rock on Route 217)
- #207 Gligar - Transfer from Emerald or Trade from Platinum/HeartGold; Routes 206, 207, and 214 with Emerald inserted in the GBA slot
- #472 Gliscor - Evolve from Gligar (level up while holding the "Razor Fang" at night)
- #220 Swinub - Swarm Pokemon on Route 217
- #221 Piloswine - Evolve from Swinub (level 33)
- #473 Mamoswine - Evolve from Piloswine (level up after learning "Ancientpower," learned at level 33)
- #137 Porygon - Trophy Garden Daily (after obtaining the National Pokedex)
- #233 Porygon2 - Evolve from Porygon (link-trade with another player while holding an "Upgrade")
- #474 Porygon-Z - Evolve from Porygon2 (link-trade with another player while holding a "Dubious Disc")
- #280 Ralts - Routes 203 and 204 South (using the PokeRadar)
- #281 Kirlia - Evolve from Ralts (level 20); Routes 203 and 204 South (using the PokeRadar, ultra rare)
- #282 Gardevoir - Evolve from Kirlia (level 30)
- #475 Gallade - Evolve from Kirlia (Dawn Stone, male only)
- #299 Nosepass - Swarm Pokemon on Route 206
- #476 Probopass - Evolve from Nosepass (level up inside of Mt. Coronet)
- #355 Duskull - Route 224 (using the PokeRadar, very rare)
- #356 Dusclops - Evolve from Duskull (level 37); Route 224 (using the PokeRadar, rare -- more common than Duskull)
- #477 Dusknoir - Evolve from Dusclops (link-trade with another player while holding a "Reaper Cloth")
- #361 Snorunt - Routes 216 and 217, Acuity Lakefront (using the PokeRadar)
- #362 Glalie - Evolve from Snorunt (level 42)
- #478 Froslass - Evolve from Glalie (Dawn Stone, female only)

- #479 Rotom - Static Encounter at the Old Chateau inside the TV at night
 - Note: Has 5 additional forms obtained by interacting with various appliances in the warehouse in Eterna City: "Fan," "Frost," "Heat," "Mow," "Wash."
- #485 Heatran - Static Encounter in the Stark Mountain innermost room **Note: complete the sidequest with Buck and retrieve the treasure, then talk to Buck in the Survival Area, then return to the end of Stark Mountain to find Heatran
- #486 Regigigas - Static Encounter in Snowpoint Temple B5F **Note: Must transfer Regirock, Regice, and Registeel from Ruby/Sapphire/Emerald and have them in the party to interact with Regigigas
- #487 Giratina - Static Encounter in Turnback Cave, in the chamber past the room with 3rd pillar (Surf off Route 214 to the Spring Path after obtaining the National Pokedex, then follow the path to Sendoff Spring and use Rock Climb)
- #488 Cresselia - Roaming Sinnoh after encountering on Full Moon Island. After obtaining the National Pokedex, go to the Sailor's House in Canalave City and talk about the sick son. Then, travel to Full Moon Island and interact with Cresselia. Grab the Lunar Wing and return to the Sailor's son, then encounter throughout Sinnoh.
- #489 Phione - Not currently obtainable through standard gameplay. Breed Manaphy with Ditto and hatch the resulting egg.
- #491 Darkrai - Event Pokemon not currently obtainable through standard gameplay.
- #492 Shaymin - Event Pokemon not currently obtainable through standard gameplay.
- #493 Arceus - Event Pokemon not currently obtainable through standard gameplay.

Note: Event Pokemon may be obtained through use of an Action Replay or through a Wi-Fi exploit affecting Generation IV and V that can be read about here: bit.ly/PokemonWiFiExploit. Additionally, guides for a possible "walk-through-walls" glitch are available. Only attempt obtaining these event Pokemon if understanding the risks of corrupting the save file.