

# 10 Ways to start your journey with minimalism



- ☐ Declutter your home
- ☐ Clear out the garage
- ☐ Create a capsule closet
- ☐ Go paperless
- ☐ Spend on experiences
- ☐ Shop for needs, not wants
- ☐ Replace, don't add
- ☐ Consider alternative living
- ☐ Cut down on TV