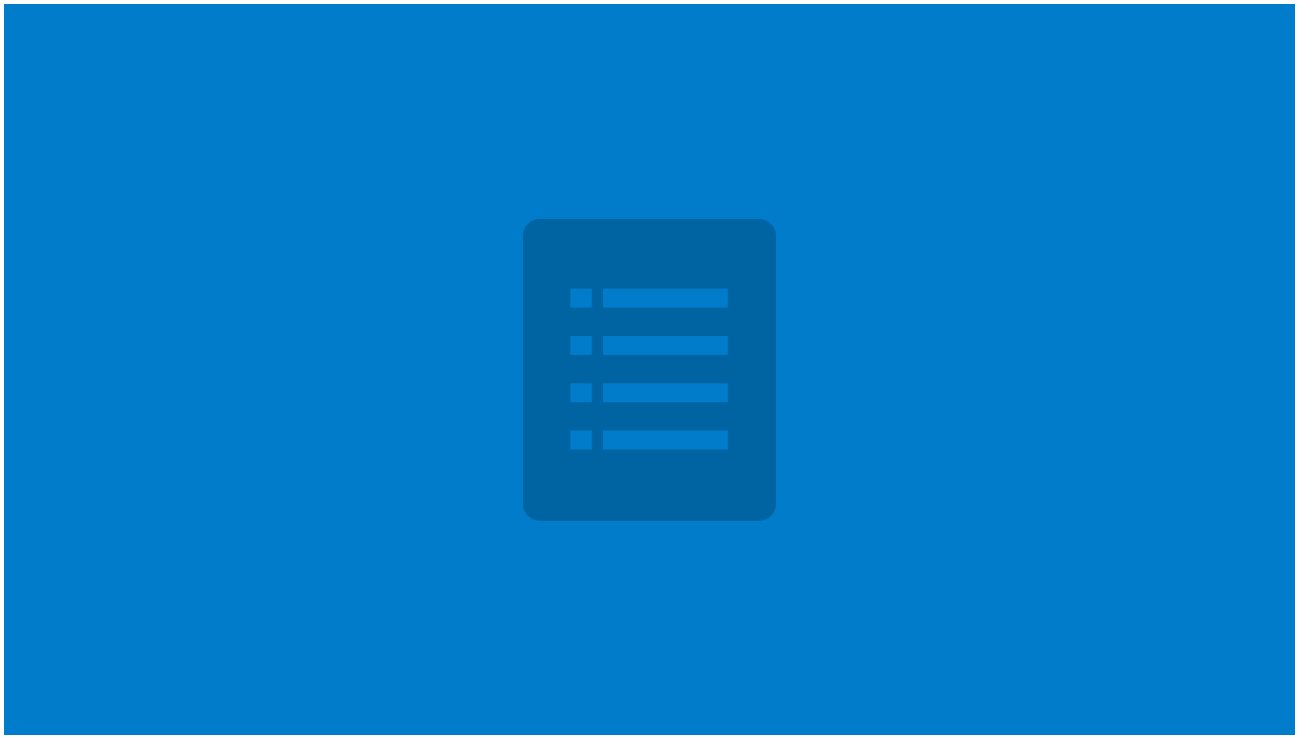
What successful people

Do during weekends



- [ ] They read for leisure
- [ ] They spend time with their family to make sure each of them feel loved
- [ ] They exercise to ensure a healthy body to enjoy life
- [ ] They pursue their interests, as work isn't the only aspect of their lives
- [ ] They eat well to reward themselves
- [ ] They sleep earlier to rest their body and mind
- [ ] They learn something new to stimulate their thoughts
- [ ] They go to the nature to appreciate the beauty of the world
- [ ] They disconnect and spend some time alone

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