

How to really achieve your goals



- ☐ Make sure your goals are specific
- ☐ Make sure your goals are measurable
- ☐ Identify the obstacles and think of the solution before before kickstarting
- ☐ Have a strategic plan
- ☐ Break it down into small ones
- ☐ Review your progress regularly and make tunings accordingly
- ☐ Mark down every tiny achievement along the way
- ☐ Share your goals with someone else(it will help you stick to it)
- ☐ Always prepare an alternative plan

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