How to really achieve your goals



- [ ] Make sure your goals are specific
- [ ] Make sure your goals are measurable
- [ ] Identify the obstacles and think of the solution before before kickstarting
- [ ] Have a strategic plan
- [ ] Break it down into small ones
- [ ] Review your progress regularly and make tunings accordingly
- [ ] Mark down every tiny achievement along the way
- [ ] Share your goals with someone else(it will help you stick to it)
- [ ] Always prepare an alternative plan

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