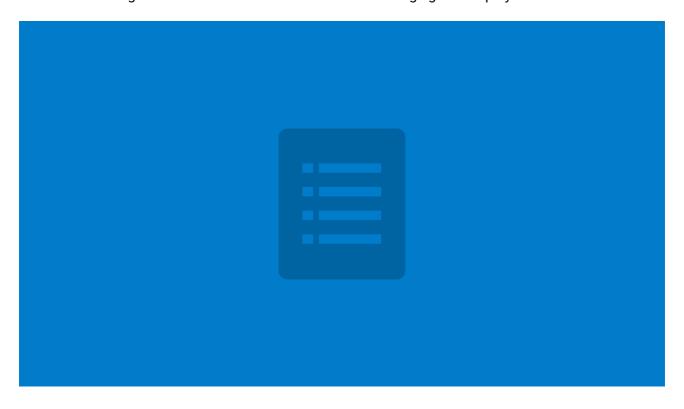
12 Things KILLER EMPLOYEES DO BEFORE Noon

I found this great article on US New's website about things great employees do before noon.



THEY MAKE A WORK TO-DO LIST THE DAY BEFORE.
THEY GET A FULL NIGHT'S REST
THEY AVOID HITTING SNOOZE
THEY EXERCISE
THEY EAT BREAKFAST
THEY ARRIVE AT THE OFFICE ON TIME.
THEY CHECK IN WITH THEIR BOSS AND/OR EMPLOYEES.
THEY TACKLE THE BIG PROJECTS FIRST.
THEY AVOID MORNING MEETINGS.
THEY ALLOT TIME FOR FOLLOWING UP ON MESSAGES.
THEY TAKE A MIDMORNING BREAK.