

Essential Social Skills

Social Skills Checklist & We Can Statements



- ☐ Following directions
- ☐ Asking for help
- ☐ Listening
- ☐ Apologizing
- ☐ Staying on task
- ☐ Waiting your turn
- ☐ Minding your own business
- ☐ Asking for what you want / need
- ☐ Answering questions
- ☐ Asking questions for which you need the answer
- ☐ Accepting "no" for an answer
- ☐ Working with others
- ☐ Asking permission
- ☐ Disagreeing appropriately
- ☐ Giving constructive criticism
- ☐ Asking for help
- ☐ Resisting peer pressure

- ☐ Completing an undesirable task
- ☐ Getting attention appropriately
- ☐ Accepting criticism / consequences

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