Essential Social Skills

Social Skills Checklist & We Can Statements



- [ ] Following directions
- [ ] Asking for help
- [ ] Listening
- [ ] Apologizing
- [ ] Staying on task
- [ ] Waiting your turn
- [ ] Minding your own business
- [ ] Asking for what you want / need
- [ ] Answering questions
- [ ] Asking questions for which you need the answer
- [ ] Accepting "no" for an answer
- [ ] Working with others
- [ ] Asking permission
- [ ] Disagreeing appropriately
- [ ] Giving constructive criticism
- [ ] Asking for help
- [ ] Resisting peer pressure

- [ ] Completing an undesirable task
- [ ] Getting attention appropriately
- [ ] Accepting criticism / consequences

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