

6 Daily Habits For Success



- ☐ ESTABLISH A MORNING ROUTINE & SCHEDULE YOUR TIME.
- ☐ STAY FOCUSED: KEEP YOUR DAILY TO-DO LIST SMALL.
- ☐ GET OUTSIDE YOUR COMFORT ZONE & UPLEVEL YOUR GAME.
- ☐ MOVE YOUR BODY & FUEL IT WITH HEALTHY FOOD.
- ☐ CREATE WHITE SPACE & REFLECT ON THE POSITIVE.
- ☐ GO TO BED EARLY / WAKE UP AT THE SAME TIME EACH DAY.