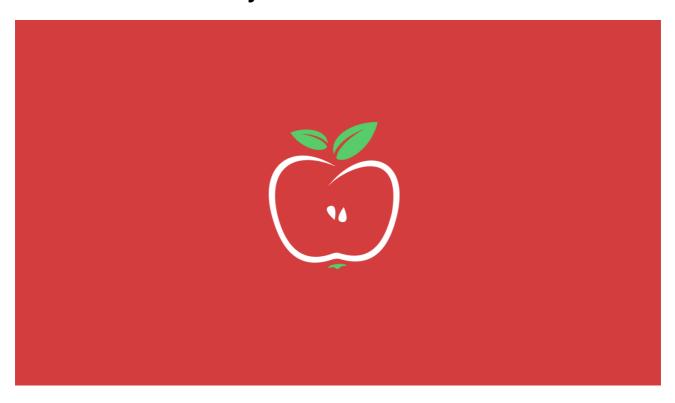
6 Daily Habits For Success



ESTABLISH A MORNING ROUTINE & SCHEDULE YOUR TIME.
STAY FOCUSED: KEEP YOUR DAILY TO-DO LIST SMALL.
GET OUTSIDE YOUR COMFORT ZONE & UPLEVEL YOUR GAME.
MOVE YOUR BODY & FUEL IT WITH HEALTHY FOOD.
CREATE WHITE SPACE & REFLECT ON THE POSITIVE.
GO TO BED EARLY / WAKE UP AT THE SAME TIME EACH DAY.