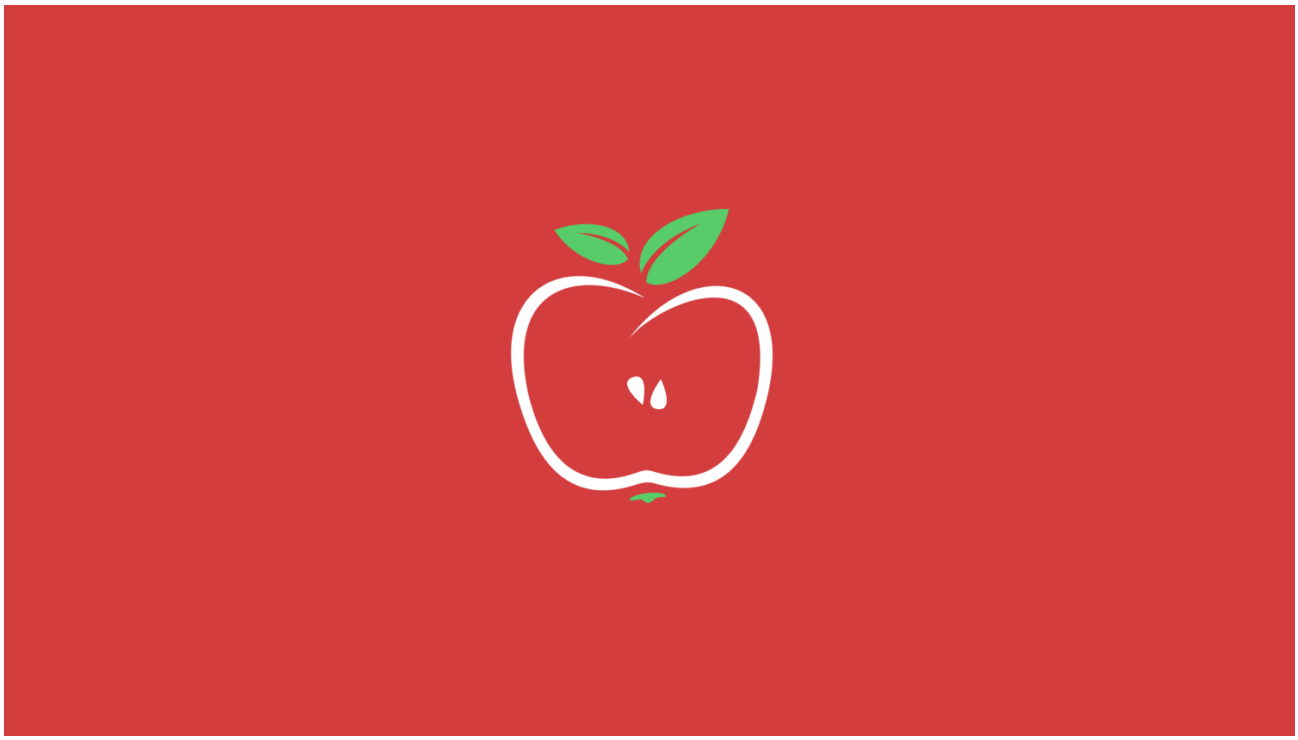
6 Daily Habits For Success



- [ ] ESTABLISH A MORNING ROUTINE & SCHEDULE YOUR TIME.
- [ ] STAY FOCUSED: KEEP YOUR DAILY TO-DO LIST SMALL.
- [ ] GET OUTSIDE YOUR COMFORT ZONE & UPLEVEL YOUR GAME.
- [ ] MOVE YOUR BODY & FUEL IT WITH HEALTHY FOOD.
- [ ] CREATE WHITE SPACE & REFLECT ON THE POSITIVE.
- [ ] GO TO BED EARLY / WAKE UP AT THE SAME TIME EACH DAY.

Make and Share Free Checklists
checkli.com