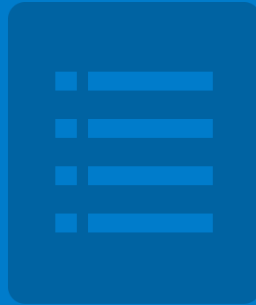


# Baby month

## To do list



- ☐ Complete nursery
- ☐ Get last minute essentials
- ☐ If breastfeeding:
  - ☐ Get breastpump
  - ☐ Clean/replace parts in pump
  - ☐ Get breast pads/nipple cream/storage bags
  - ☐ Sterilize bottles/nipples
- ☐ If bottle feeding:
  - ☐ Get formula
  - ☐ Sterile water
  - ☐ Sterilize bottles/nipples
  - ☐ Get bottle warmer
- ☐ Wash baby clothes
- ☐ Diaper changing baskets
- ☐ Unbox/assemble baby gear
- ☐ Install carseat
- ☐ Pack hospital bag

- ☐ Get new sibling gifts
- ☐ Get postpartum essentials
- ☐ Prep easy meals
- ☐ Have a labor/birth plan
- ☐ Clean & declutter house
- ☐ Self care!

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