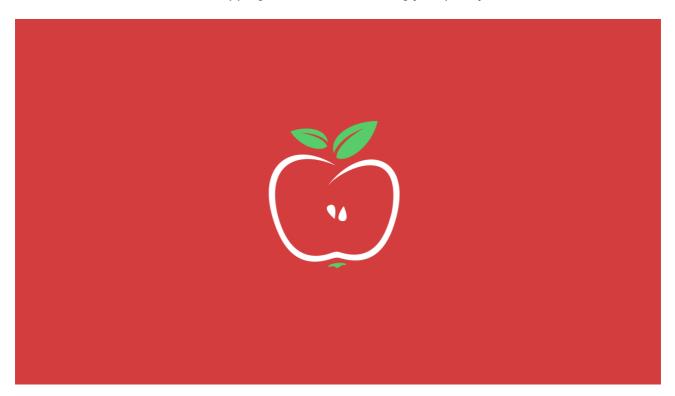
## **Basic Shopping List**

This basic shopping list will make stocking your pantry a breeze



Olive oil

## **Pantry**

Cooking oil
Salt and pepper
Tomato Paste
Mixed herbs
Spice mix
Stock powder or stock cubes
Vinegar
Balsamic Vinegar
Tuna
Tinned beans
Tinned tomatoes
Rice
Pasta

Pasta Sauce

Onions
Garlic
Bovril or Marmite
Lone life milk
Jam
Honey or syrup
Breadcrumbs
Sauces
Chocolate
Freezer
Bread and wraps
Bacon
Mince
Fridge
Veegtes (mixed vee spinacn & peas)
Eggs
Butter State of the state of th
Butter Milk
Milk
Milk Cheese
Milk Cheese Yoghurt
Milk Cheese Yoghurt Bottled lemon juice
Milk Cheese Yoghurt Bottled lemon juice
Milk Cheese Yoghurt Bottled lemon juice Mustard
Milk Cheese Yoghurt Bottled lemon juice Mustard  Basic baking supplies
Milk Cheese Yoghurt Bottled lemon juice Mustard  Basic baking supplies Flour
Milk Cheese Yoghurt Bottled lemon juice Mustard  Basic baking supplies Flour sugar
Milk Cheese Yoghurt Bottled lemon juice Mustard  Basic baking supplies Flour sugar Baking pcwder

Entertaining Staples	
Frozen berries	
Cocoa powder	
Popcorn	
Chips	
Nuts	
Pesto	
Tea and coffee	
Olives	
Saltcrax or ather crackers	Make and Share Free Checklists checkli.com