Corona virus Emergency Stock-up

Shopping checklist for stocking up on items for Corona Virus. #shopping #groceries #coronavirus #safety #checklist #stockup



- [ ] Milk
- [ ] Veggies
- [ ] Bread
- [ ] Flour
- [ ] Sugar
- [ ] Lentils
- [ ] Ready to eat food
- [ ] Canned food
- [ ] Rice
- [ ] Salt
- [ ] Frozen meat
- [ ] Frozen veggies
- [ ] Sanitizers
- [ ] Water bottles
- [ ] Disinfecting wipes
- [ ] Kitchen paper towel
- [ ] Toilet paper

- [ ] Medicines
- [ ] Hand Wash
- [ ] Laundry Detergent
- [ ] Soaps
- [ ] Lotions
- [ ] Masks

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