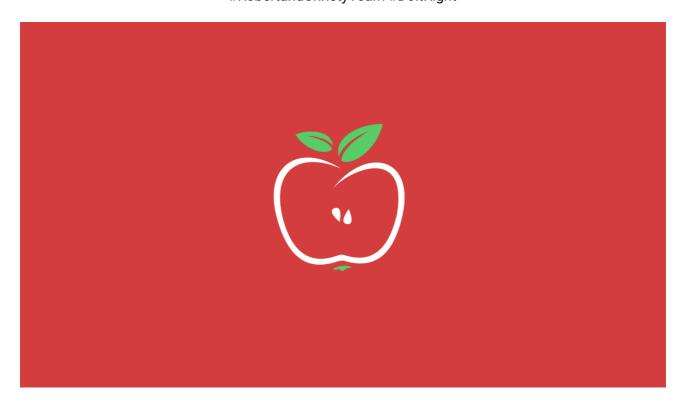
Defeat Corona Virus Today

DID YOU KNOW there is a right and wrong way to wash your hands? By following these tips you can help protect yourself and others by preventing the spread of germs. #properhandwashing #preventionbetterthancure #fightnCov #stopCoronaVirus #RobertandChristyTeamCares #RobertandChristyTeam #DoitRight



Rub palms together
Rub the back of both hands
Interlace fingers and rub hand together
Interluck fingers and rub the back of fingers and hands
Rub thumb in a rotating manner followed by the area between index finger and thumb for both hands
Rub fingertipson palm for both hands
Rub both wrists in a rotating manner