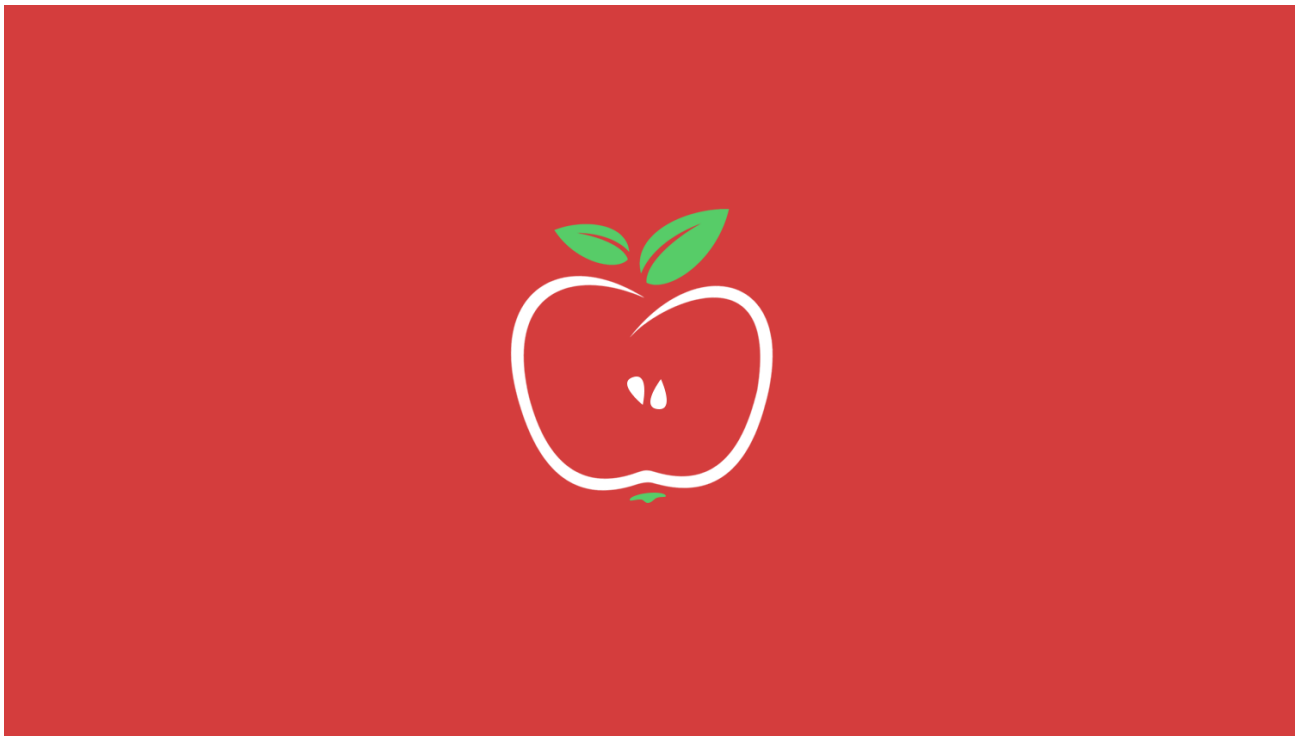
Defeat Corona Virus Today

DID YOU KNOW there is a right and wrong way to wash your hands? By following these tips you can help protect yourself and others by preventing the spread of germs. #properhandwashing #preventionbetterthancure #fightnCov #stopCoronaVirus #RobertandChristyTeamCares #RobertandChristyTeam #DoitRight



- [ ] Rub palms together
- [ ] Rub the back of both hands
- [ ] Interlace fingers and rub hand together
- [ ] Interluck fingers and rub the back of fingers and hands
- [ ] Rub thumb in a rotating manner followed by the area between index finger and thumb for both hands
- [ ] Rub fingertipson palm for both hands
- [ ] Rub both wrists in a rotating manner

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