

Coronavirus Cheatsheet

All Coronavirus (COVID 19) symptoms, treatments, and prevention tips.

Symptoms

- Light cough
- Fever
- Sore throat
- Shortness of breath
- Runny nose
- Sneezing

Home Treatment

- Drink plenty of fluids!
- Don't leave the house.
- Sleep
- Avoid alcohol
- Use a humidifier
- Get lots of rest.
- Tylenol
- Monitor your temperature
- Avoid smoke
- Take showers

Seek medical attention

- High fever
- If you're elderly
- Shortness of breath
- Direct contact with coronavirus patient

Prevention Tips

- Wash hands every 1-3hours
- Avoid leaving the house
- Cover mouth/nose when coughing
- Avoid shaking hands
- Avoid touching your face
- Cover mouth/nose when sneezing
- Practice social distancing
- Disinfect surfaces

Who is at risk?

- People with heart disease
- People with weaker immune system
- Eldery
- People with lung disease
- People with diabetes

Why stay home?

- To not overwhelm hospitals
- To not infect ppl w/ weak immune systems
- To not infect older adults
- To not contract the disease

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