

# 125 Ideas To Create A Productive Morning Routine

125 Ideas To Create A Productive Morning Routine | Ideas on what you can do before work for a productive day. Perfect for reaching your goals.



- ☐ Make your bed
- ☐ Drink water
- ☐ Brush your teeth
- ☐ Take a shower
- ☐ Wash your face
- ☐ Put on a face mask
- ☐ Do your skincare routine
- ☐ Clip your nails
- ☐ Get a haircut
- ☐ Epilate your legs and underarms
- ☐ Clean your makeup brushes
- ☐ Try on a new look or makeup
- ☐ Workout
- ☐ Go for a 30 minute walk
- ☐ Stretch or foam roll
- ☐ Wash the dishes
- ☐ Clean out your bag or purse

- ☐ Get your shoes cleaned
- ☐ Organize your cash in your wallet
- ☐ Read the news
- ☐ Make your own tea or coffee
- ☐ Spend quality time with someone you love
- ☐ Connect with someone you haven't talked to in a while
- ☐ Bullet journal
- ☐ Unplug for a whole day
- ☐ Recite your daily affirmations
- ☐ Make a list of 10 things you're grateful for
- ☐ Read a chapter of a book
- ☐ Listen to an educational podcast
- ☐ Learn something new
- ☐ Practice a new language
- ☐ Meditate or pray
- ☐ Buy a bouquet of flowers
- ☐ Make a home cooked breakfast
- ☐ Eat a fruit and/or vegetable
- ☐ Get dressed
- ☐ Take vitamins
- ☐ Create a vision board
- ☐ Watch the sunrise
- ☐ Plant a seed
- ☐ Water plants
- ☐ Change your pillowcase and/or sheets
- ☐ Make a list for your grocery shopping
- ☐ Buy low quantity supplies (dish soap, detergent, etc)
- ☐ Purchase filters or refills (toothbrush, AC filter, etc)
- ☐ Plan out your meals for the week
- ☐ Prep your meals
- ☐ Make dinner with the ingredients you have
- ☐ Plan your outfits for the week
- ☐ Pay your bills

- ☐ Do laundry
- ☐ Get your clothes dry clean
- ☐ Put your clothes away
- ☐ Mend your clothes
- ☐ Vacuum and mop the floor
- ☐ Repair any broken appliances or call for help
- ☐ Clean your phone and tech
- ☐ Plan your next birthday
- ☐ Write out your goals for the week
- ☐ Arrange your next vacation
- ☐ Pre-pack toiletries for future flights
- ☐ Refill any containers from your pre-packed toiletries
- ☐ Plan out your next business
- ☐ Start a side hustle
- ☐ Launch your blog about something you love
- ☐ Take on a new hobby
- ☐ Try a no-spend day
- ☐ Feed your pet
- ☐ Play with your pet
- ☐ Write a letter to your old self
- ☐ Write a letter to your future self
- ☐ Make a list of 10 things you love about yourself
- ☐ Throw out old food
- ☐ Clean your house
- ☐ Declutter your inbox
- ☐ Go on a hike
- ☐ Take online courses
- ☐ Attend a class
- ☐ Learn how to better at taking photos for your Instagram
- ☐ Get to know your boyfriend or partner better
- ☐ Get to know your friends better
- ☐ Write down your bucket list

- ☐ Write down your to-do list
- ☐ Do a brain challenge
- ☐ Write down your weekly goals
- ☐ Review on your monthly goals
- ☐ Create a monthly budget
- ☐ Check on your credit score
- ☐ Organize your tax paperwork
- ☐ Pay bills
- ☐ Write down what you'd like to buy instead of impulsive buying
- ☐ Learn different ways to invest in your retirement
- ☐ Make an appointment to your doctor and/or dentist
- ☐ Update your vaccinations
- ☐ Host a book club
- ☐ Forgive someone who has done you wrong
- ☐ Explore your city
- ☐ Fill up your gas tank
- ☐ Refill your bus/transportation pass
- ☐ Get an oil change
- ☐ Wash your car
- ☐ Clean the interior of your car
- ☐ Enjoy a diffuser and meditate
- ☐ Create an survival kit
- ☐ Create a mini on-the-go emergency kit (band aid, Advil, anti-acid, tampon, nail file, reusable toothbrush)
- ☐ Color a coloring book
- ☐ Play relaxing music
- ☐ Go through your mail
- ☐ Use identity theft stamp on junk mail
- ☐ Organize your wires
- ☐ Check on free events for the week
- ☐ Find a mentor and reach out
- ☐ Celebrate life
- ☐ Go on a date with yourself
- ☐ Go on a breakfast date with someone you love

- ☐ Update your resume
- ☐ Find a new job
- ☐ Create a vision board of your future home
- ☐ Move furniture around
- ☐ Write down inspirational quotes and post it somewhere you can see everyday
- ☐ Take free personality tests
- ☐ KonMari your home
- ☐ Donate unwanted items
- ☐ Sell things you don't use anymore
- ☐ Create a memory box for the year

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