

Weekly Posting Ideas

Not sure what to post on social media? Here are 100 ideas in the ultimate cheat sheet of what to post on social media.



☐ Motivational Monday

☐ Quotes

☐ Dreams

☐ Transformation Tuesday

☐ Before/after

☐ wakeup/makeup

☐ Work it Wednesday

☐ Team shout outs

☐ You using products pictures/videos

☐ Throwback Thursday

☐ look back at successes in your business

☐ team meetings/training pictures

☐ convention photos

☐ Last years numbers to this years numbers

☐ Favorite Friday

☐ Talk about favorite products and why

☐ Use a short video

- ☐ Shoutout Saturday
 - ☐ Shoutout fast starts
 - ☐ PRS milestones
 - ☐ New Team Mates all or them
 - ☐ ladies at EXPOS
 - ☐ Ladies having a rocking party
 - ☐ promotions

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