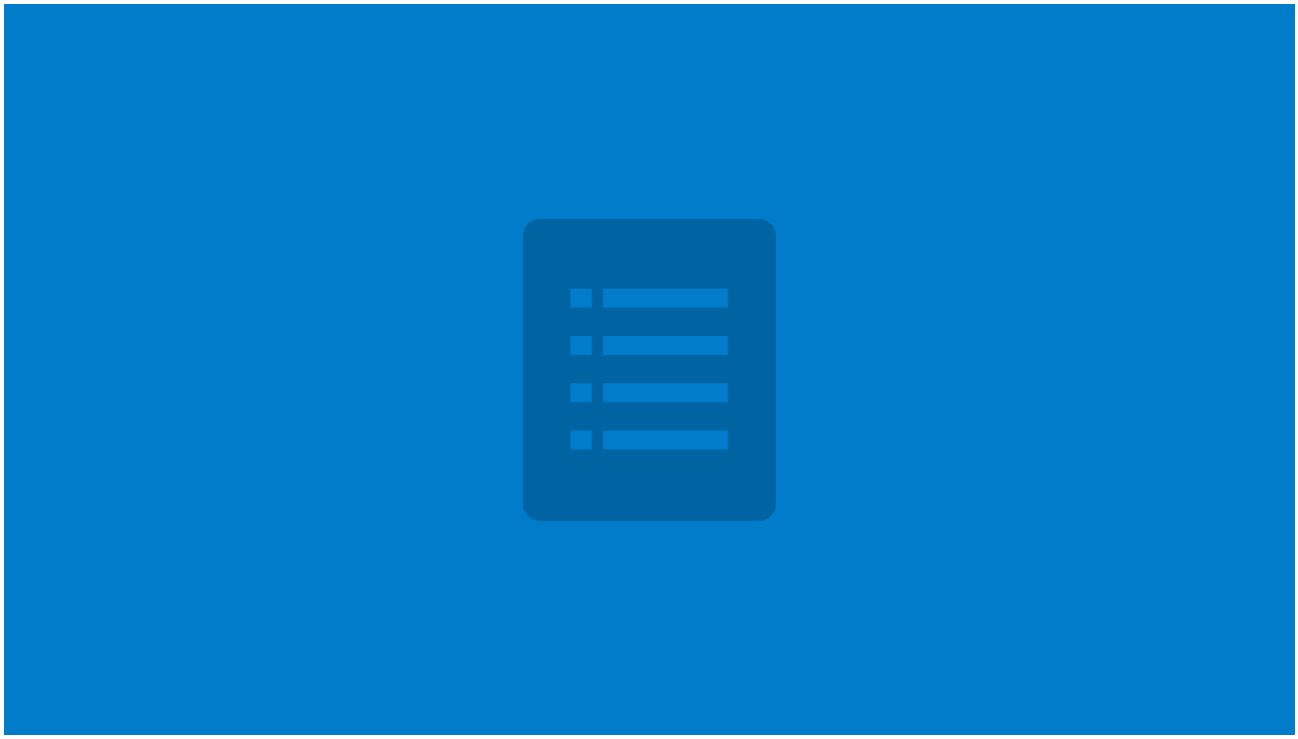
Weekly Posting Ideas

Not sure what to post on social media? Here are 100 ideas in the ultimate cheat sheet of what to post on social media.



- [ ] Motivational Monday
  - [ ] Quotes
  - [ ] Dreams
- [ ] Transformation Tuesday
  - [ ] Before/after
  - [ ] wakeup/makeup
- [ ] Work it Wednesday
  - [ ] Team shout outs
  - [ ] You using products pictures/videos
- [ ] Throwback Thursday
  - [ ] look back at successes in your business
  - [ ] team meetings/training pictures
  - [ ] convention photos
  - [ ] Last years numbers to this years numbers
- [ ] Favorite Friday
  - [ ] Talk about favorite products and why
  - [ ] Use a short video

- [ ] Shoutout Saturday
  - [ ] Shoutout fast starts
  - [ ] PRS milestones
  - [ ] New Team Mates all or them
  - [ ] ladies at EXPOS
  - [ ] Ladies having a rocking party
  - [ ] promotions

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