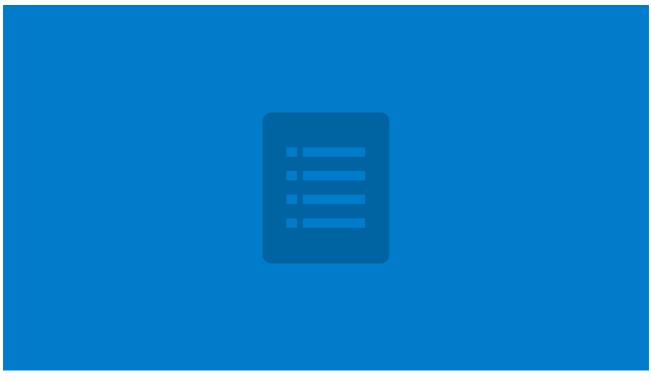
Weekly Posting Ideas

Not sure what to post on social media? Here are 100 ideas in the ultimate cheat sheet of what to post on social media.



Motivational Monday	
Quotes	
Dreams	
Transformation Tuesday	
Before/after	
wakeup/makeup	
Work it Wednesday	
Team shout outs	
You using products pictures/videos	
Throwback Thursday	
look back at successes in your business	
team meetings/training pictures	
convention photos	
Last years numbers to this years numbers	
Favorite Friday	
Talk about favorite products and why	
Use a short video	

Shoutout Saturday	
Shoutout fast starts	
PRS milestones	
New Team Mates all or them	
ladies at EXPOS	
Ladies having a rocking party	
promotions	Make and Share Free Checklists
	checkli.com