Packing List for Climbing Mount Fuji

So you've decided to climb to the tallest point in Japan. The Volcano officially opens for climbing season July 1st. At this time the weather is fairly unpredictable and freezing at times despite the ground temperature soaring around 30 degrees. Here is a packing list filled with the essentials. {Hot tip: Copy/save this list and customize by adding new items and replacing others!}



Backpack

- [ ] An average sized regular backpack https://herpackinglist.com/best-travel-backpacks-for-women/

Travel Clothing

- [ ] 1 Light windproof and waterproof jacket
- [ ] 1 Long sleeve shirt with thumb holes
- [ ] 1 Zip up sweater with a collar or hood
- [ ] 1 Sweat wicking shirt
- [ ] 1 Sweat pants
- [ ] 1 Pair of waterproof & windproof pants
- [ ] 1 Pair of sweat wicking yoga pants
- [ ] 1 Hat
- [ ] 1 Pair of gloves/mitts

Foot Protection

- [ ] 1 Pair of hiking socks https://herpackinglist.com/travel-socks-guide/

- [ ] 1 Pack of moleskin to cover heels in case of rubbing
- [ ] 1 Pair of running shoes

Other Gear

- [ ] 1 Headlamp – I rented one at the 5th station
- [ ] 1 Carabiner
- [ ] 2 Grocery bags for packing garbage out
- [ ] 2 Hand warmers
- [ ] 3 Bottles of water
- [ ] Snacks including sports drinks, energy bars, nuts, fruit – no junk
- [ ] Food if you don't plan on buying the food+lodging package at your hut
- [ ] 3 Medical masks
- [ ] 1 Small sunscreen https://herpackinglist.com/best-toiletries-for-hand-luggage/

Wish List

- [ ] 1 Headband/buff/earmuffs https://herpackinglist.com/the-one-little-thing-buff/
- [ ] 1 Pair collapsible hiking poles
- [ ] 2 Knee braces
- [ ] 1 Pair of goggles, glasses and/or sunglasses
- [ ] Bandaids
- [ ] 1 Can of oxygen
- [ ] Cash - There are no cards accepted on the mountain besides the gift shop and the station

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