

8 ways to develop a Growth Mindset

It's what you do, not what you think that matters



- ☐ Walk the Talk
 - ☐ Do your actions match your words?
- ☐ Aim For Very Good
 - ☐ Get students to aim for very good, not perfection (as it doesn't exist).
- ☐ Their Failures
 - ☐ React well to their failures. Teenagers are very aware of your reactions.
- ☐ Minimize Fear of Failure
 - ☐ Minimize shame and embarrassment when encouraging students to challenge themselves.
- ☐ Your Own Failures
 - ☐ React well to your own failures. See them as temporary setbacks.
- ☐ Practical Strategies
 - ☐ Focus on practical strategies students can employ to overcome setbacks.
- ☐ Avoid Labels
 - ☐ Labels can damage students at both ends of the academic spectrum.
- ☐ Highlight multiple Strategies
 - ☐ There are often several ways to get to the right answer.