8 ways to develop a Growth Mindset

It's what you do, not what you think that matters



- [ ] Walk the Talk
  - [ ] Do your actions match your words?
- [ ] Aim For Very Good
  - [ ] Get students to aim for very good, not perfection (as it doesn't exist).
- [ ] Their Failures
  - [ ] React well to their failures. Teenagers are very aware of your reactions.
- [ ] Minimize Fear of Failure
  - [ ] Minimize shame and embarrassment when encouraging students to challenge themselves.
- [ ] Your Own Failures
  - [ ] React well to your own failures. See them as temporary setbacks.
- [ ] Practical Strategies
  - [ ] Focus on practical strategies students can employ to overcome setbacks.
- [ ] Avoid Labels
  - [ ] Labels can damage students at both ends of the academic spectrum.
- [ ] Highlight multiple Strategies
  - [ ] There are often several ways to get to the right answer.

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