

The Survivor's Guide to Traveling with Children

Trip out of town with the little ones? Don't let the long drive, drive you nuts. Follow this handy guide and you can replace "are we there yet?" with "when can we do this again?".



☐ **Bring lots of snacks!**

You cannot have enough snacks. Bring their favorites but try add some variety as well. A hangry child in a condensed space is the thing nightmares are made of

☐ **Give yourself plenty of extra time**

Traveling with little ones can come with lots of unexpected surprises. Leave yourself a little extra time to deal with these unplanned occurrences and you'll always be on schedule.

☐ **Tell them about the trip**

Be sure to set the proper expectations. Rather its a long drive or plane ride if they know it might be a while it may help reduce the classic "Are we there yet?" and increase their patience.

☐ **Keep them entertained**

From a coloring book and crayons to a smartphone or Ipad, having the tools available to keep their mind off the long ride is a must.

☐ **Keep them close**

☐ **Relax and have fun!**

If you're stressed, then they're guaranteed to be as well. Stay positive, focus on the fun and they will as well.

☐ **If you're stressed, then they're guaranteed to be as well. Stay positive, focus on the fun and they will as well.**

Make and Share Free Checklists

checkli.com