9 Hard Truths About Clutter

9 Hard Truths About Clutter You Need to Hear #minimalist 9 Hard Truths About Clutter You Need to Hear #declutter #simplify #minimalism



- [ ] Nothing you own is ever really gone; It will continue to exist... Somewhere.
- [ ] The best way to clear clutter is to reduce What you bring in.
- [ ] Many of us shop to escape our feelings.
- [ ] There's a dark side to donating.
- [ ] Every, single thing you own is something You have to take care of
- [ ] Clutter has been linked to depress
- [ ] The longer you keep something, the more attached you become.
- [ ] Eventually someone willhave to decide What to do with ev ry item ou own
- [ ] Your stuff is getting in the way of the best stuff.

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