

9 Hard Truths About Clutter

9 Hard Truths About Clutter You Need to Hear #minimalist 9 Hard Truths About Clutter You Need to Hear #declutter #simplify #minimalism



- ☐ Nothing you own is ever really gone; It will continue to exist... Somewhere.
- ☐ The best way to clear clutter is to reduce What you bring in.
- ☐ Many of us shop to escape our feelings.
- ☐ There's a dark side to donating.
- ☐ Every, single thing you own is something You have to take care of
- ☐ Clutter has been linked to depress
- ☐ The longer you keep something, the more attached you become.
- ☐ Eventually someone willhave to decide What to do with ev ry item ou own
- ☐ Your stuff is getting in the way of the best stuff.