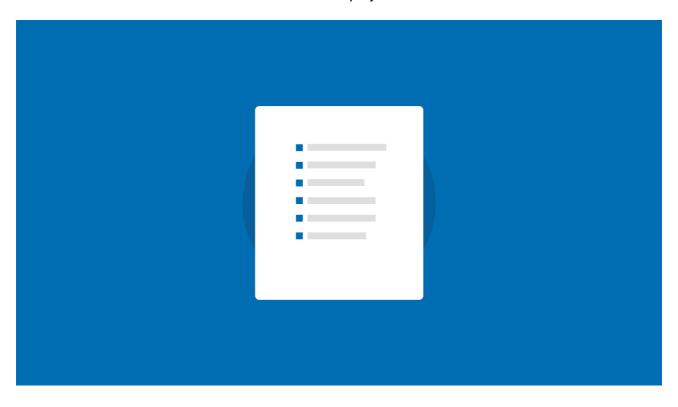
9 Hard Truths About Clutter

9 Hard Truths About Clutter You Need to Hear #minimalist 9 Hard Truths About Clutter You Need to Hear #declutter #simplify #minimalism



Nothing you own is ever really gone; It will continue to exist Somewhere.
The best way to clear clutter is to reduce What you bring in.
Many of us shop to escape our feelings.
There's a dark side to donating.
Every, single thing you own is something You have to take care of
Clutter has been linked to depress
The longer you keep something, the more attached you become.
Eventually someone willhave to decide What to do with ev ry item ou own
Your stuff is getting in the way of the best stuff.