

Easy Peasy Cleaning Schedule

Balancing between so many responsibilities and chores is never easy when you are a working mom.
Easy Cleaning schedule for working moms.



Morning

- ☐ Make beds
- ☐ Gather laundry for one load (one load a day and you'll stay on top of things)
- ☐ Empty/Load dishwasher
- ☐ Wipe down counters after breakfast

Night

- ☐ Empty/Load dishwasher
- ☐ Take out trash
- ☐ Sweep kitchen Vacuum
- ☐ Spot clean floor
- ☐ De-clutter living areas
- ☐ Put away laundry

Chore of the Day

- ☐ Mon: Deep vacuum - under couches, cushions etc

- ☐ Tues: Clean mirrors and windows
- ☐ Wed: Toilets, tubs, showers, sinks
- ☐ Thurs: Mop floors
- ☐ Fri: De-clutter hot spot
- ☐ Sat: Swing day

Swing Day:

- ☐ Wipe down cabinets and wood furniture/tables etc.
- ☐ Clean microwave & oven, clean out fridge, wipe down counter appliances
- ☐ Wipe down walls, smudges, molding
- ☐ Spot clean upholstery / rugs

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