15 Crow Model "Coal" Coaching Questions



- [ ] Where do you most want to see change in your life?
- [ ] When do you want to have achieved this by?
- [ ] If you achieved this, what would it mean?
- [ ] What do you really want. in an ideal world?
- [ ] HOW could you say your goal in just a few words - words that make it exciting for you?
- [ ] How will you know when you've achieved it?
- [ ] What's your gut telling you about this?
- [ ] Reflect on the times in the past when you've felt the most content. What was happening?
- [ ] What does "success" mean to you?
- [ ] What do you need the most right now?
- [ ] What do you feel is missing from your life? Is there anything you yearn for?
- [ ] What are 3 things that would make the most difference in your life right now?
- [ ] What would your life look like if other people's opinions didn't matter?
- [ ] What would you do if you knew you couldn't fail?
- [ ] What would you do if money were no object?

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