7 Tips For Parents Supporting Remote Learning



Model How To Face Crisis With Compassion

- [ ] Model With Courage and compassion
- [ ] Model how to take care of yourself

Help Your Child Maintain A Schedule

- [ ] Have a Set time each day when kids Can do their work.

Dedicate A Space In Your Home For Schoolwork

- [ ] Identify a place in the home where child can sit and do work.

Ask Your Children About What They're Learning

- [ ] What are the three most important things you learned today?
- [ ] What is one thing you learned in science today?

Read With Your Children

- [ ] Read a book or an article
- [ ] Read in your family's home language

Tell Family Stories

- [ ] Every family has stories to Share
- [ ] It enhances identity self-esteem

Write About What You're Going Through

- [ ] Start a diary to share what you're seeing, feeling, and experiencing during this historical time
- [ ] Write together in your language to process what is going through.

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