

9 Ways To Get Into A Creative Flow

I put out a question sticker the other day on Instagram asking if anyone had anything they wanted me to write about blog-wise, and this was the first question.



- ☐ Clean-up your working area
- ☐ Spend some time outside
- ☐ Listen to upbeat and happy music
- ☐ Stay hydrated throughout the day
- ☐ Free yourself from the distractions
- ☐ Find out when you are most productive
- ☐ Reward yourself for finishing big tasks
- ☐ Make time to find inspiration
- ☐ Collect messages that make you happy