

Productive Habits To Do On Sundays

For the best Week ever



- ☐ Write out your to do list
- ☐ Plan your week
- ☐ Schedule important tasks
- ☐ Plan your meals
- ☐ Plan your outfits
- ☐ Create a morning routine
- ☐ Break down the bigger tasks
- ☐ Go grocery shopping
- ☐ Get the basic chores done
- ☐ Practice self care
- ☐ Check your finances
- ☐ Try journaling
- ☐ No electronics before bed
- ☐ Enjoy your time off
- ☐ Have an early night