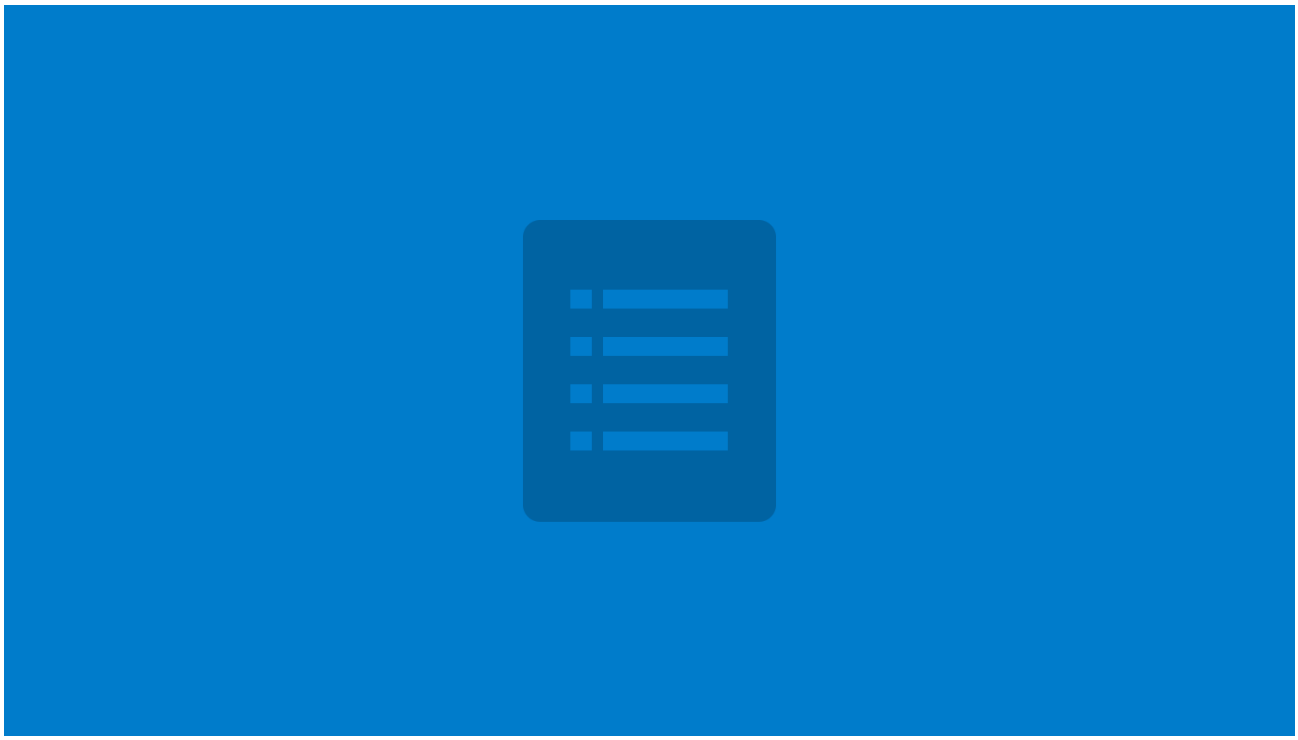
Affirmations For Overcoming Procrastination



- [ ] Done is better than perfect
- [ ] Progress, not perfection
- [ ] Nothing works unless you do
- [ ] One day, one step, at a time
- [ ] Feel the fear and do it anyway!
- [ ] What you do today can improve all of your tomorrows
- [ ] There is no such thing as perfection, only improvement
- [ ] I am not afraid to make mistakes. I embrace mistakes as learning opportunities
- [ ] Stop thinking about what could go wrong and get excited about what could go right
- [ ] There is no such thing as failure, only learning

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