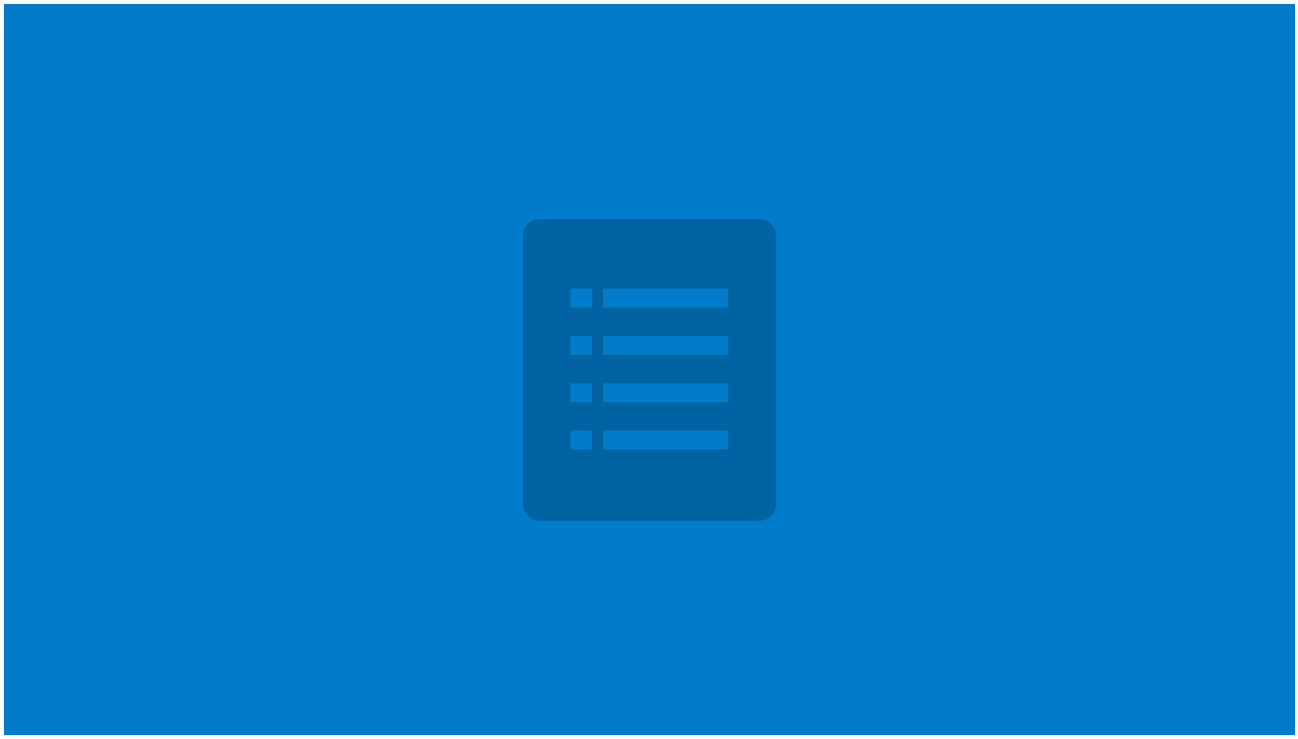
13 Ways to Motivate Yourself at Work

Lacking motivation at work? We hear you. Here are 13 ways to reinvigorate your work life.



- [ ] Create a big goal
- [ ] Start with small steps
- [ ] Frontload your days with your least favorite work
- [ ] Learn new skills
- [ ] Schedule weekly check-ins with A manager
- [ ] Find a mentor
- [ ] Practice gratitude
- [ ] Make a passion diagram
- [ ] Reward yourself for Accomplished goals
- [ ] Surround yourself with Motivated people
- [ ] Get feedback
- [ ] Take a break
- [ ] Stay positive

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