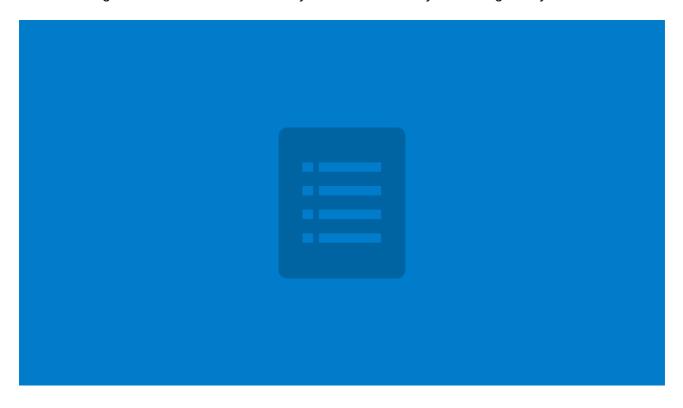
13 Ways to Motivate Yourself at Work

Lacking motivation at work? We hear you. Here are 13 ways to reinvigorate your work life.



Create a big goal
Start with small steps
Frontload your days with your least favorite work
Learn new skills
Schedule weekly check-ins with A manager
Find a mentor
Practice gratitude
Make a passion diagram
Reward yourself for Accomplished goals
Surround yourself with Motivated people
Get feedback
Take a break
Stay positive