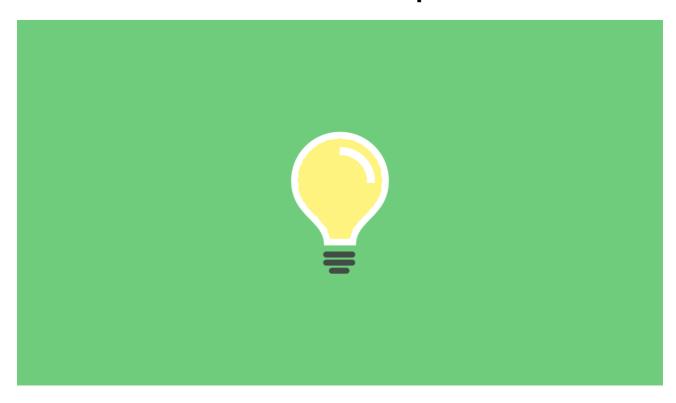
7 Habits Of A Bad Speaker



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Speaking badly of somebody else seems to have a chain reaction, If you engage in gossip, you can give yourself a bad reputation and inspire others to start gossiping about you.

2. Judging

If you fill your conversations with judgments Of Others, you're making the person you're speaking With self-conscious of being judged themselves. They" be afraid to open up to you and may shut down co

3. Being negative

Choosing to be optimistic will make you more enjoyable to talk to. Plus, it's better for your health

4. Complaining

Complaining easily becomes a habit, and before you know it, you'll be known as the person who complains about the weather, the news, work, and everything else. This is called "viral misery"

5. Making excuses

e people put the blame on anybody and anything except themselves when met with failure. While others may let the occasional excuse slide, a constant stream of them reveals that you do not take responsibility for your actions.

6. Exaggerating	
Exaggeration demeans our language. Adding dramatic fla people we know are lying to us.	r is essentially a form Of lying, and we don't want to listen to
7. Being dogmatic	
dangerous when opinions and facts become confused. No were true.	body wants to be bombarded with opinions stated as if they Make and Share Free Checklists
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