7 Habits Of A Bad Speaker



1. Gossiping

- [ ] Speaking badly of somebody else seems to have a chain reaction, If you engage in gossip, you can give yourself a bad reputation and inspire others to start gossiping about you.

2. Judging

- [ ] If you fill your conversations with judgments Of Others, you're making the person you're speaking With self-conscious of being judged themselves. They" be afraid to open up to you and may shut down co

3. Being negative

- [ ] Choosing to be optimistic will make you more enjoyable to talk to. Plus, it's better for your health

4. Complaining

- [ ] Complaining easily becomes a habit, and before you know it, you'll be known as the person who complains about the weather, the news, work, and everything else. This is called “viral misery”

5. Making excuses

- [ ] e people put the blame on anybody and anything except themselves when met with failure. While others may let the occasional excuse slide, a constant stream of them reveals that you do not take responsibility for your actions.

6. Exaggerating

- [ ] Exaggeration demeans our language. Adding dramatic flair is essentially a form Of lying, and we don't want to listen to people we know are lying to us.

7. Being dogmatic

- [ ] dangerous when opinions and facts become confused. Nobody wants to be bombarded with opinions stated as if they were true.

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