

20 Tips for Teachers Teaching from Home for the First Time During Distance Learning



- ☐ Keep it simple and consistent.
- ☐ Be engaging and interactive.
- ☐ Set office hours and stick to them. Close your laptop after hours.
- ☐ Create a routine.
- ☐ When recording videos, sit with the wall behind you.
- ☐ Teach in small chunks. Spread a lesson over days.
- ☐ Make a guide for the entire week on one page or in one place.
- ☐ Be patient. Accept the learning curve.
- ☐ Document everything
- ☐ Call your homeroom students once a week.
- ☐ Make time for yourself to disconnect and unplug.
- ☐ Teach procedures first before you get into new content.
- ☐ Lots of coffee. pace yourself.
- ☐ Good humor is essential.
- ☐ Don't expect perfection. Expect mistakes.
- ☐ Cut way back on the pace of learning.
- ☐ Be flexible.

- ☐ Keep things in perspective.
- ☐ Don't compare yourself with Other teachers.
- ☐ Utilize tools that are free right now.

BONUS TIP

- ☐ Take your work email OFF your phone.

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