

Useful Tips to stay safe and healthy when you travel next time

Here are the 10 best travel tips that can ease you to enjoy a healthy, stress-free, and safe travel adventure:



- ☐ 1. Do your research before you travel
- ☐ 2. Visit your doctor before traveling
- ☐ 3. Keep an eye on your Luggage
- ☐ 4. Protect your passport
- ☐ 5. Travel insurance
- ☐ 6. Manage your money
- ☐ 7. Take your medicines
- ☐ 8. Eat and drink safely
- ☐ 9. Always select a valid travel agency
- ☐ 10. Emergency info at hand