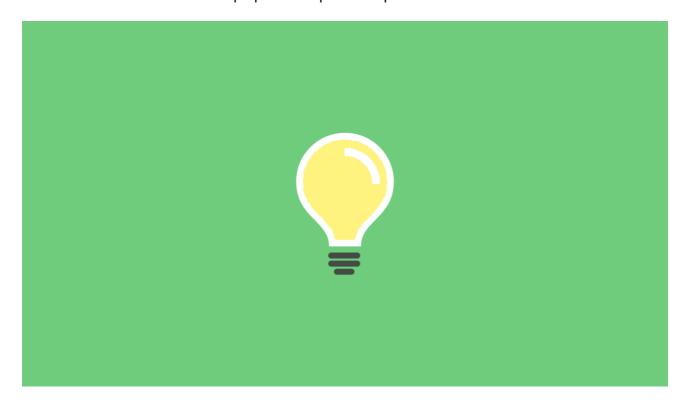
Emergency Quarantine Checklist How to prepare for a potential quarantine with kids



Water (gallons, bottles)
Canned goods
Canned / powdered milk
Snacks
Fruits / Nuts / Veggies
Sugar / Salt / pepper
Paper towels
Toilet paper
Laundry detergent
Shampoo / Conditioner
Body wash / Hand soap
Disposable cups / plates
Plastic utensils
Hand sanitizer
Rubbing Alcohol (60% +)
Lysol Disinfectant
Feminine supplies

Disposable gloves	
Facial tissues	
Pain relievers	
Garbage bags	
Surgical masks	
First—aid kit	
Batteries	
Books / Magazines	
Pet food	
For the kids	
Juice pouches	
Baby Wipes	
Diapers	
Snacks	
Shelf-stable milk	
Cereal	
Children' s Tylenol	
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