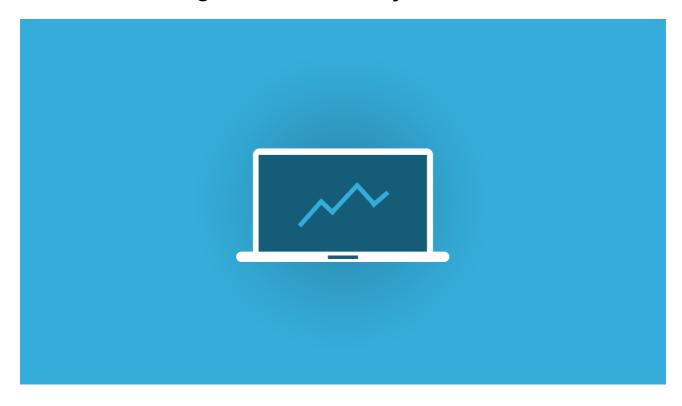
## **Instagram Plan 30 Days of Content**



1. Educate about your industry
2. Share a fun fact about you
3. Ask engaging question
4. Share a business tip
5. Share your promo
6. Share an inspiring quote
7. Fill in the blank statement
8. Cross promote other platforms
9. Shoutout to fav influencer
10. Share your business story
11. Ask for advice or an opinion
12. Promote your blog/ newsletter
13. Share testimonial
14. Share behind the scenes info
15. Ask where people are following you from
16. Share a funny story
17. Promote contest or giveaway
18. Share your favorite business tool

19. Share best & worst advice received	
20. Share motivational quote	
21. Ask engaging question	
22. Educate about your industry	
23. Discuss your services	
24. Share a funny image	
25. Thank your followers	
26. Share your brand story	
27. Promote your email list	
28. Share a before and after	
29. Ask for likes and follows	
30. Share your hobbies & passions	Make and Share Free Checklists checkli.com