

Instagram Plan 30 Days of Content



- ☐ 1. Educate about your industry
- ☐ 2. Share a fun fact about you
- ☐ 3. Ask engaging question
- ☐ 4. Share a business tip
- ☐ 5. Share your promo
- ☐ 6. Share an inspiring quote
- ☐ 7. Fill in the blank statement
- ☐ 8. Cross promote other platforms
- ☐ 9. Shoutout to fav influencer
- ☐ 10. Share your business story
- ☐ 11. Ask for advice or an opinion
- ☐ 12. Promote your blog/ newsletter
- ☐ 13. Share testimonial
- ☐ 14. Share behind the scenes info
- ☐ 15. Ask where people are following you from
- ☐ 16. Share a funny story
- ☐ 17. Promote contest or giveaway
- ☐ 18. Share your favorite business tool

- ☐ 19. Share best & worst advice received
- ☐ 20. Share motivational quote
- ☐ 21. Ask engaging question
- ☐ 22. Educate about your industry
- ☐ 23. Discuss your services
- ☐ 24. Share a funny image
- ☐ 25. Thank your followers
- ☐ 26. Share your brand story
- ☐ 27. Promote your email list
- ☐ 28. Share a before and after
- ☐ 29. Ask for likes and follows
- ☐ 30. Share your hobbies & passions

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