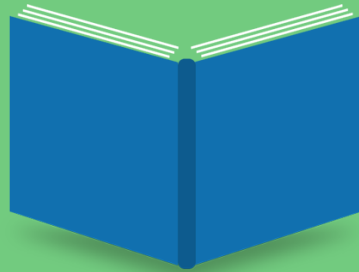


30 Day Language Learning Challenge



- ☐ Day 1: Download the Memrise
- ☐ Day 2: Create a Pinterest Board
- ☐ Day 3: Follow 3 Social Media Influencers
- ☐ Day 4: Write 3 sentences about yourself
- ☐ Day 5: Listen to songs
- ☐ Day 6: Follow 3 Youtubers & Watch
- ☐ Day 7: Read something
- ☐ Day 8: Message someone
- ☐ Day 9: Change phone & computer settings
- ☐ Day 10: Label items in your home
- ☐ Day 11: Write down 5 positive sentences
- ☐ Day 12: Write down 5 negative sentences
- ☐ Day 13: Watch a movie
- ☐ Day 14: Follow a tutorial
- ☐ Day 15: Learn grammar
- ☐ Day 16: Write about your day
- ☐ Day 17: Read 3 newspaper articles
- ☐ Day 18: Chat with someone

- ☐ Day 19: Watching TV series
- ☐ Day 20: Create flashcard for difficult words
- ☐ Day 21: Listen to a podcast
- ☐ Day 22: Take notes
- ☐ Day 23: Take a lesson
- ☐ Day 24: Join language groups
- ☐ Day 25: Think in target language
- ☐ Day 26: Learn tongue twisters
- ☐ Day 27: Write a story
- ☐ Day 28: Write 50 words
- ☐ Day 29: Record yourself
- ☐ Day 30: Write how the 30-day language challenge help

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