

5 Top Tips for Effective Exam Revision

As recommended by previous university students!



1. Start Early:

- ☐ Don't leave it to last minute! Start revising a couple of weeks before your exams to give your brain time to absorb.

2. Plan Your Time:

- ☐ Failing to prepare is preparing to fail, so plan wisely. Make a schedule to document what you will revise and when!

3. Avoid Your Phone:

- ☐ Revision is tough, but looking at social media every ten minutes won't help you learn! Put your phone away so you can focus.

4. Practise:

- ☐ Athletes don't win gold without rigorous training, and neither will you! Actively practising (e.g. doing mock exams) can help re-inforce knowledge.

5. Take Breaks:

- ☐ Your body needs rest in order to get stronger, and so does your brain! Be sure to take regular breaks during revision - your mind will thank you.

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