

30 Day Writing Challenge



- ☐ 1. List 10 things that make you really happy.
- ☐ 2. Write something that someone told you about yourself that you never forgot.
- ☐ 3. What are your top 3 pet peeves?
- ☐ 4. Write about someone who inspires you.
- ☐ 5. List five places you want to visit.
- ☐ 6. Five ways to win your heart.
- ☐ 7. List 10 songs that you're loving right now.
- ☐ 8. Share something you struggle with.
- ☐ 9. Post some words of wisdom that speak to you.
- ☐ 10. Write about something for which you feel strongly.
- ☐ 11. Something you always think, "What if ..." about.
- ☐ 12. Write about five blessings in your life.
- ☐ 13. What are you excited about?
- ☐ 14. Post your favorite movies that you never get tired of watching.
- ☐ 15. Bullet-point your whole day.
- ☐ 16. Something that you miss.
- ☐ 17. Post about your zodiac sign, and whether or not it fits you.
- ☐ 18. Post 30 facts about yourself.

- ☐ 19. Discuss your first love.
- ☐ 20. Post about three celebrity crushes.
- ☐ 21. What three lessons do you want your children to learn from you?
- ☐ 22. Put your music on shuffle and post the first ten songs.
- ☐ 23. A letter to someone, anyone.
- ☐ 24. Write about a lesson you've learned the hard way.
- ☐ 25. Think of any word. Search it on google images. Write something inspired by the 11th image.
- ☐ 26. Write about an area in your life that you'd like to improve.
- ☐ 27. Conversely, write about something that's kicking ass right now.
- ☐ 28. Post five things that make you laugh-out-loud.
- ☐ 29. What are your goals for the next 30 days?
- ☐ 30. Your highs and lows for the month.

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