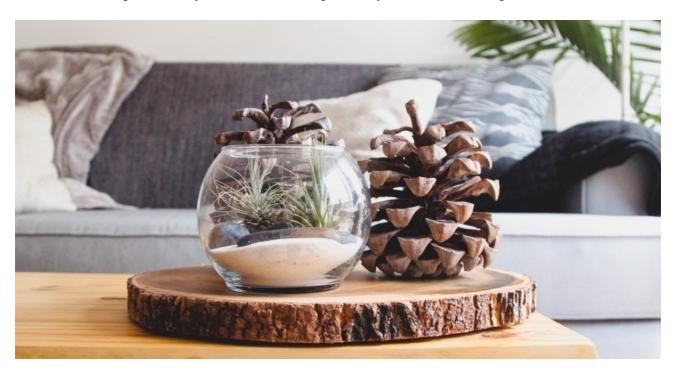
## The 28 Day Minimalism Challenge

Happy February! It's the shortest month of the year but that doesn't mean that you can't get a lot done. This is a great 28 day minimalist challenge for anyone who is wanting a less cluttered home.



- 1 PURGE YOUR CLOSET Donate or throw out anything you have worn, is older, or doesn't fit anymore (clothes, shoes, bags, etc.)
- 2 CLEAN OUT YOUR PURSE
- 3 SORT OUT AND THROW OUT OLD SOCKS AND UNDERWEAR
- [4] CLEAN OUT AND ORGANIZED YOUR JUNK DRAWERS
- 5 CLEAN OUT AND DONATE OR THROW OUT OLD KITCHEN GADGET
- 6 CLEAN OUT AND ORGANIZE ALL KITCHEN CABINETS (throw out things left over from parties, old Tupperware, broken cups and dishes, etc.)
- 7 DON'T BUY ANY NEW PURCHASES FOR ONE MONTH
- [8] CLEAN OUT YOUR EMAIL AND UNSUBSCRIBE FROM EMAILS YOU DON'T WANT
- 9 CLEAN OUT YOUR MAKEUP DRAWER
- 10 DECLUTTER AROUND YOUR HOME AND THROW OUT RANDOM KNICK KNACKS AROUND YOUR HOME
- 11 DECLUTTER YOUR PHONE APPS
- 12 DONATE OLD BOOKS
- [13] CLEAN OUT YOUR FRIDGE AND YOUR PANTRY
- 14 THROW OUT OLD CONDIMENTS, SPICES, TAKEAWAY PACKETS, ETC
- [15] CLEAN OUT YOUR MEDICINE CABINET throw out expired medications
- 16 ORGANIZE AND DELETE OLD PHOTOS ON YOUR PHONE
- 17 ORGANIZE AND SHREAD OLD DOCUMENTS

28 CLEAN OUT AND DETAIL YOUR CAR	Make and Share Free Checklists checkli.com
THROW OUT OLD PAPERS, CARDS, AND RECEIPTS AROUND THE HOL	JSE
DONATE OLD CD'S AND MOVIES	
THROW OUT OLD TOWELS AND LINENS	
THROW OUT ANYTHING AROUND YOUR HOME THAT IS BROKEN	
ORGANIZE AND THROW OUT WHAT YOU NO LONGER NEED IN YOUR	STORAGE
SORT THROUGH YOUR JEWELRY, DONATE OR SELL WHAT YOUR DO	N'T WEAR
DONATE OR THROW OUT OLD COATS, GLOVES, AND SCARVES	
ORGANIZE YOUR FRONT CLOSET	
[19] CLEAN OUT ALL DRAWERS AROUND YOUR HOUSE	
18 THROW OUT OLD TOILETRIES AND PERFUMES	