

# Are Your Male Hormones Off?

- ☐ DULL SKIN
- ☐ NERVOUSNESS
- ☐ HEADACHES
- ☐ HEART PALPITATIONS.
- ☐ ELEVATED TRIGLYCERIDES
- ☐ NIGHT SWEATS
- ☐ FOGGY THINKING (BRAIN FOG)
- ☐ ARTHRITIS
- ☐ BURNT-OUT FEELING
- ☐ AGGRESSION
- ☐ SLEEP DISTURBANCE
- ☐ HIGH CHOLESTEROL
- ☐ FATIGUE AND EXHAUSTION
- ☐ ACHES AND PAINS
- ☐ DECREASED FLEXIBILITY
- ☐ BONE LOSS
- ☐ DECREASED STAMINA
- ☐ IRRITABILITY
- ☐ INCREASED URINARY URGE
- ☐ DECREASED URINE FLOW
- ☐ ANXIETY
- ☐ INCREASED ABDOMINAL FAT
- ☐ PROSTATE PROBLEMS
- ☐ THINNING HAIR
- ☐ DECREASED MUSCLE MASS
- ☐ DECREASED LIBIDO
- ☐ DEPRESSION
- ☐ DECREASED ERECTION