

Beach Day Checklist

Enjoy the summer sunshine and head to the beach! Save this checklist for everything you need for a fun day at the beach.



CLOTHING

- Bathing suit (extra bathing suit)
- Coverup
- Sun hat
- Sunglasses
- Extra clothes
- Bra/underwear
- Flip-flops
- Sandals
- Sweatshirt
- Beach bag/tote

BEACH ITEMS

- Beach chairs
- Beach umbrella
- Beach towels
- Beach games/cards/sand toys

Water toys/floats

BEACH ESSENTIALS

Sunscreen/aloë lotion

Tissues/baby wipes

Deodorant

SPF lip balm

Sanitizer

Mini first aide kit

Book/magazines

Wireless speaker

Waterproof phone case (with charger)

Headphones

Hair ties

Extra cash/debit card

Snacks/Plcnic lunch

Water/drinks