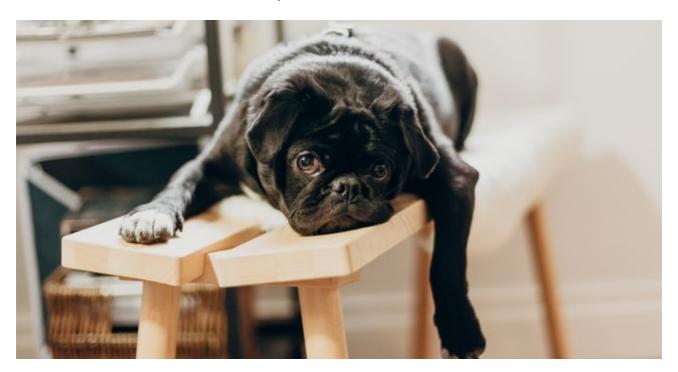
40 Things to do When You're Bored

Being bored can lead to anxiety and that can stress you out. Use your free time to do something productive and fun.



- 1 Listen to a podcast
- 2 Start a new book
- [3] Find a new recipe and good or bake something fun
- 4 Journal
- 5 Make a new playlist
- 6 Learn a new language
- 7 Start a blog
- 8 Plan a trip (even if it's just a weekend away)
- 9 Find some inspiring pin on Pinterest (DIY, decor, organize, etc)
- 10 Try a new workout
- 11 Hjh
- [12] Sign up for an online class to learn something new
- 13 Deep clean your home
- 14 Make a short film or documentary
- 15 Organize your home
- [16] Clean out and organize your closet
- [17] Learn a new investment strategy
- [18] Call or meet up with a friend you haven't seen for awhile

[19] Start and finish a puzzle	
[20] Write a letter to someone	
21 Paint something	
Create a signature cocktail	
Make a list of everything y	
24 Color in a coloring book	
Make a list of movie you want to watch and watch them	
Start a herb or vegetable garden	
Host a movie night (inside or outside)	
Take a virtual trip	
Have a self-care day	
Plant some flowers in your yard/garden	
[31] Plan and host a tea or dinner party	
[32] Learn how to make money online doing something you enjoy	
[33] Meditate	
[34] Learn a new dance	
[35] Learn some start charts and practice looking for start and constellations	in the night sky
[36] Detail your car	
Practice a new hairstyle	
38 Visit a local business	
Glean out your email	
Play with your dog at the park	Make and Share Free Checklists
	checkli.com