

# How To Parse Data From Excel Automatically

If your company has data trapped inside Excel documents, you can easily automate the data entry process by parsing data with Mailparser. Here's a quick overview of how to parse data from Excel automatically.



- ☐ Create a free Mailparser account at <https://app.mailparser.io>
- ☐ Create your first inbox
- ☐ Send your Excel spreadsheet to your inbox
- ☐ Add custom parsing rules
- ☐ Send your parsed data to Excel or another application of your choice