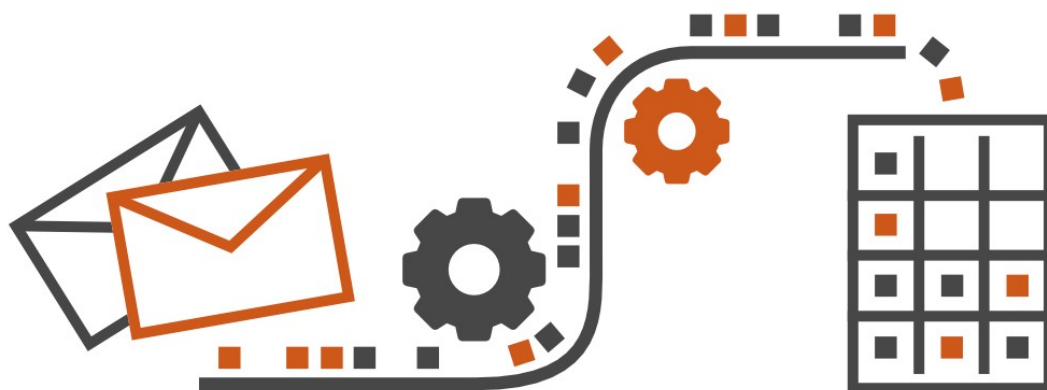


# How To Parse Data From Excel Automatically

If your company has data trapped inside Excel documents, you can easily automate the data entry process by parsing data with Mailparser. Here's a quick overview of how to parse data from Excel automatically.



- Create a free Mailparser account at <https://app.mailparser.io>
- Create your first inbox
- Send your Excel spreadsheet to your inbox
- Add custom parsing rules
- Send your parsed data to Excel or another application of your choice