

Pokemon FireRed and LeafGreen Berry Uses and Locations

List of all berries with their uses and locations in Pokemon FireRed and LeafGreen versions. There is no "bonus" for obtaining all of these berries and this checklist should be considered an optional post-game objective.



It is not possible to grow more berries in FireRed and LeafGreen Versions as there is no in-game clock. Berries found in the Berry Forest will regenerate occasionally.

Only obtainable berries in FireRed and LeafGreen Versions are included in this checklist. Other berries are available in Ruby, Sapphire, Emerald, Colosseum, and XD: Gale of Darkness. These berries may be traded into FireRed and LeafGreen but most berries serve no purpose.

The Itemfinder Key Item is a requirement to complete this checklist. It is received from Professor Oak's Aide on the upper floor of the Guardhouse at the eastern end of Route 11 where it connects to Route 12 after having registered 30 different Pokemon in the Pokedex. Berries requiring the Itemfinder are marked with a "(hidden)" in the location description and are usually on a "marked" square unless specified.

- ☐ Cheri Berry - Cures paralysis - Route 10: north side, northwest of Picnicker Heidi (hidden) | SS Anne Kitchen: in the middle trash can (hidden) | Sevault Canyon: south of the Chansey Dance house (hidden) | Berry Forest: north of the middle body of water (hidden) | 10% chance of receiving from a Pokemon with the Pickup ability
- ☐ Chesto Berry - Cures sleep - SS Anne Kitchen: in the lowest trash can (hidden) | Route 9: West of Hiker Brice (hidden) | Berry Forest: northeastern corner of the forest (hidden) | 10% chance of receiving from a Pokemon with the Pickup ability
- ☐ Pecha Berry - Cures poison - SS Anne Kitchen: in the uppermost trash can (hidden) | Route 24: on the west side of a plateau

in the northeast area of the route, accessible from Route 25 (hidden) | Berry Forest: north of the southernmost body of water (hidden) | 10% chance of receiving from a Pokemon with the Pickup ability

- ☐ Rawst Berry - Cures burns - Route 8: on the northeast marked square in the fenced grassy area (hidden, requires Cut) | Canyon Entrance: northeast of Young Couple Eve & John (hidden) | Berry Forest: northeast of the Aspear Berry spot (hidden) | 10% chance of receiving from a Pokemon with the Pickup ability
- ☐ Aspear Berry - Cures frozen status - Route 23: southwest of the Volcano Badge checkpoint (hidden) | Water Path: in the grassy area, southeast of a Pinap Berry (hidden) | Berry Forest: northeast of the northernmost body of water (hidden) | 10% chance of receiving from a Pokemon with the Pickup ability
- ☐ Leppa Berry - Restores 10 PP - Route 8: on the southeast marked square in the fenced grassy area (hidden, requires Cut) | Route 23: northwest of the Thunder Badge checkpoint (hidden) | Six Island: north of the Pokemon Center (hidden)
- ☐ Oran Berry - Restores 10 HP - Route 3: between the ledges with Youngster Calvin (hidden) | Route 25: southwest of Youngster Chad (hidden) | Water Path: northwest of the northern house (hidden) | Berry Forest: northwest of the first cuttable tree (hidden) | 15% chance of receiving from a Pokemon with the Pickup ability
- ☐ Persim Berry - Cures confusion - Route 4: between the three rocks west of the Pokemon Center (hidden) | Route 10: north side, southeast of Picnicker Heidi (hidden) | Berry Forest: northeast of the ledge near the entrance (hidden) | 10% chance of receiving from a Pokemon with the Pickup ability
- ☐ Lum Berry - Cures any status condition and confusion - Route 8: on the northwest marked square in the fenced grassy area (hidden, requires Cut) | Route 23: south of the pair of statues southwest of the maze of stones (hidden) | Berry Forest: in the northwest area of the forest (hidden)
- ☐ Sitrus Berry - Restores 30 HP - Route 6: west of the Saffron City gate (hidden) | Route 23: Of the two statues nearest to the western Victory Road entrance, west of the western statue (hidden) | Memorial Pillar: southeast of Bird Keeper Chaz (hidden)
- ☐ Iapapa Berry - If HP falls to 50% or below, restores 12.5% of HP; also causes confusion in Pokemon that dislike sour food - Berry Forest: received from Lostelle after saving her
- ☐ Razz Berry - No effect - Route 4: south of the easternmost ledge south of the road near the center of the route (hidden) | Memorial Pillar: southeast of Bird Keeper Milo (hidden) | Berry Forest: southwest of the first cuttable tree (hidden)
- ☐ Bluk Berry - No effect - Memorial Pillar: southwest of the Sitrus Berry spot (hidden) | Berry Forest: southeast of the cuttable tree southwest of the Rawst Berry spot (hidden)
- ☐ Nanab Berry - No effect - Route 10: south side, east of the southern entrance to Rock Tunnel (hidden) | Trainer Tower: southeast of Psychic Rodette (hidden) | Berry Forest: northeast of the middle body of water (hidden)
- ☐ Wepear Berry - No effect - Route 7: in the southeast area of the route (hidden) | Berry Forest: north of the middle body of water (hidden)
- ☐ Pinap Berry - No effect - Route 14: Southeast of Twins Kiri & Jan (hidden) | Water Path: in the grassy area southeast of the Six Island entrance (hidden) | Berry Forest: northeast of the Oran Berry spot (hidden)
- ☐ Spelon Berry - No effect - 1% chance of receiving from a Pokemon with the Pickup ability
- ☐ Pamtre Berry - No effect - 1% chance of receiving from a Pokemon with the Pickup ability
- ☐ Watmel Berry - No effect - 1% chance of receiving from a Pokemon with the Pickup ability
- ☐ Durin Berry - No effect - 1% chance of receiving from a Pokemon with the Pickup ability
- ☐ Belue Berry - No effect - 1% chance of receiving from a Pokemon with the Pickup ability