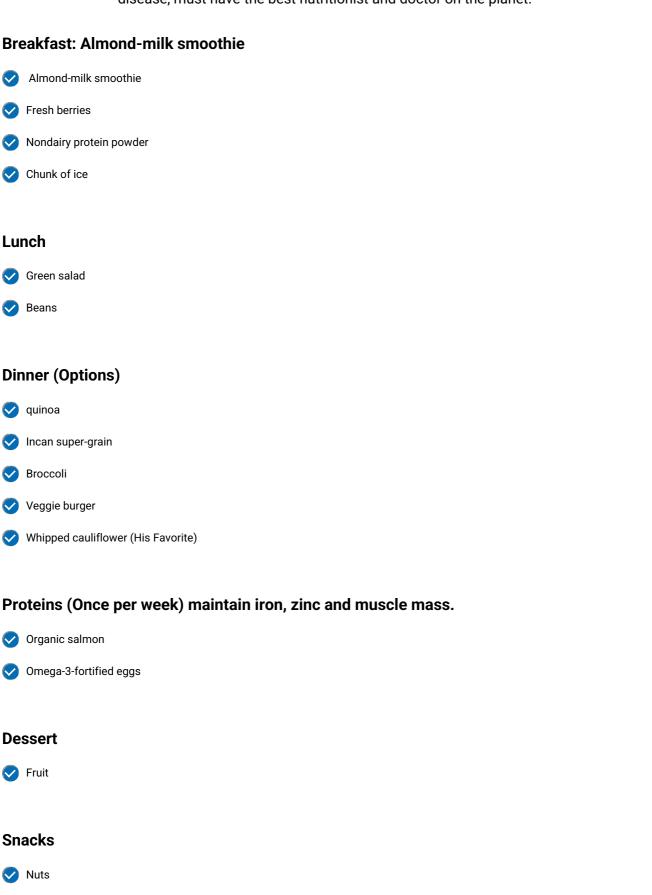
Bill Clinton's Vegan Diet

I'm a 41 year old male with a history of heart disease in my family. So, I decided to consider Bill Clinton's vegan diet. After all, the former President of the United States, who suffers from heart disease, must have the best nutritionist and doctor on the planet.



Hummus and veggies

Exercise

- Golf (No cart)
- Walks 2-3 miles per day
- Weights and uses an exercise ball

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