

Hygiene

Daily Hygiene Tasks

- Brush Teeth
- Take a Shower (Twice a week)
 - Shower #1
 - Shower #2
- Use Deodorant
- Skin Care
 - Wash Face
 - Skin Care Products

Weekly Tasks

- Shaving
 - Eyebrows
 - Armpits
- Face Mask

MOST IMPORTANT ONE

- SMILE