

Beach Day Checklist

Enjoy the summer sunshine and head to the beach! Save this checklist for everything you need for a fun day at the beach.



CLOTHING

- ☐ Bathing suit (extra bathing suit)
- ☐ Coverup
- ☐ Sun hat
- ☐ Sunglasses
- ☐ Extra clothes
- ☐ Bra/underwear
- ☐ Flip-flops
- ☐ Sandals
- ☐ Sweatshirt
- ☐ Beach bag/tote

BEACH ITEMS

- ☐ Beach chairs
- ☐ Beach umbrella
- ☐ Beach towels
- ☐ Beach games/cards/sand toys

☐ Water toys/floats

BEACH ESSENTIALS

☐ Sunscreen/aloe lotion

☐ Tissues/baby wipes

☐ Deodorant

☐ SPF lip balm

☐ Sanitizer

☐ Mini first aide kit

☐ Book/magazines

☐ Wireless speaker

☐ Waterproof phone case (with charger)

☐ Headphones

☐ Hair ties

☐ Extra cash/debit card

☐ Snacks/Plcnic lunch

☐ Water/drinks

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